

Asthma Patient Care Flow Sheet (patients aged 6 – 18 years)

Diagnosis based on:

- Asthma history alone
- Asthma history and clinical exam
- Spirometry showing reversible obstruction
- Other: _____

Patient's best lung function

Date _____

FEV₁ (percent predicted) _____

Asthma triggers: Viral infections Animals _____ Exercise Pollen/Trees Dust Mites Other _____

	Date						
ASTHMA CONTROL (each visit)							
Daytime symptoms (days/week)							
Need for reliever (days/week)							
Nocturnal symptoms (nights/week)							
Limitation of activity (Y/N)							
Exacerbations (# since last visit)							
Courses of systemic steroids (# since last visit)							
Hospitalization or emergency room visit (# since last visit)							
EDUCATION							
Review medication compliance (each visit)							
Evaluate inhaler technique (have patient demonstrate at each visit) and provide handouts*							
Provide written action plan**							
Review purpose of medications							
Review trigger avoidance							
Assess for food allergy and ensure epinephrine autoinjector px is up to date							
Smoking cessation counselling for family***							
Influenza vaccine (annual)							
Pneumococcal vaccine up to date							
INVESTIGATIONS/ASSESSMENTS							
Lung function (FEV ₁)							
Height (cm)							
Height percentile							
Weight (kg)							
Weight percentile							
Specialist referral							

*Refer to: www.bcchildrens.ca/KidsTeensFam/A-ZPamphlets/default.htm, ** Refer to Associated Document – Asthma Action Plan for Children: aged 6-18 years,

***Refer to: www2.gov.bc.ca/gov/topic.page?id=8CC17D1F894140748D740853F361D798