

Welcome to Procedures at BC Children's Hospital





On the day of your procedure, you'll go to the Teck Acute Care Centre.

General Procedures is on the 3rd floor.
Special Procedures is on the 4th floor.

Your caregivers will be able to accompany you to into the hospital.





Head down the hallway to see the clerk





The clerk will check you in here.
They will ask for your BC Health Card





You'll be given striped pajamas to wear
while you're here





Any hospital staff that will go into your room will be wearing a special mask. They are wearing these masks to protect you from their germs.



These are the friendly faces under the masks!





A nurse or a patient care aid will check your height and weight.





They will use:
an arm hug to check your blood pressure,
a red light on your finger to check your breathing,
and a little wand to check your temperature





A nurse will put cold numbing cream on the top of your hands (about the size of a loonie) and a special window sticker over it. This cream will help with the sleeping medicine later.





The nurse may give you some medicine to help you feel more comfortable after your procedure. (Tylenol and/or Advil)

You may choose to have this as a pill or liquid.





You may meet a child life specialist who will teach you about your day. Let them know if you have any questions or worries.





You will meet your anesthesiologist (the doctor who will help your body sleep) and your doctor (who will help your body while you are asleep) before you go into the procedure room.

They will be wearing blue hospital pajamas, a hat, and a mask to keep the procedure room clean.





One of the nurses will meet you when it's time to go to the procedure room.

They will check your bracelet to make sure they have the right patient.





Your caregiver may be able to go into the procedure room with you until you fall asleep*. They will also wear a gown, hat and boots to keep the room clean.

You can also bring your favourite blanket or stuffed animal with you.



* Some cardiac procedures do not allow for parent accompaniment to procedure room.



You will go for a walk with the OR nurse to your procedure room.

See which animals you can spot on the wall!





You will meet some friendly faces when you enter the procedure room. This is the room where the doctor will give you the sleep medicine to help you fall asleep.

The friendly faces are all there to help make you feel more comfortable while you are asleep.





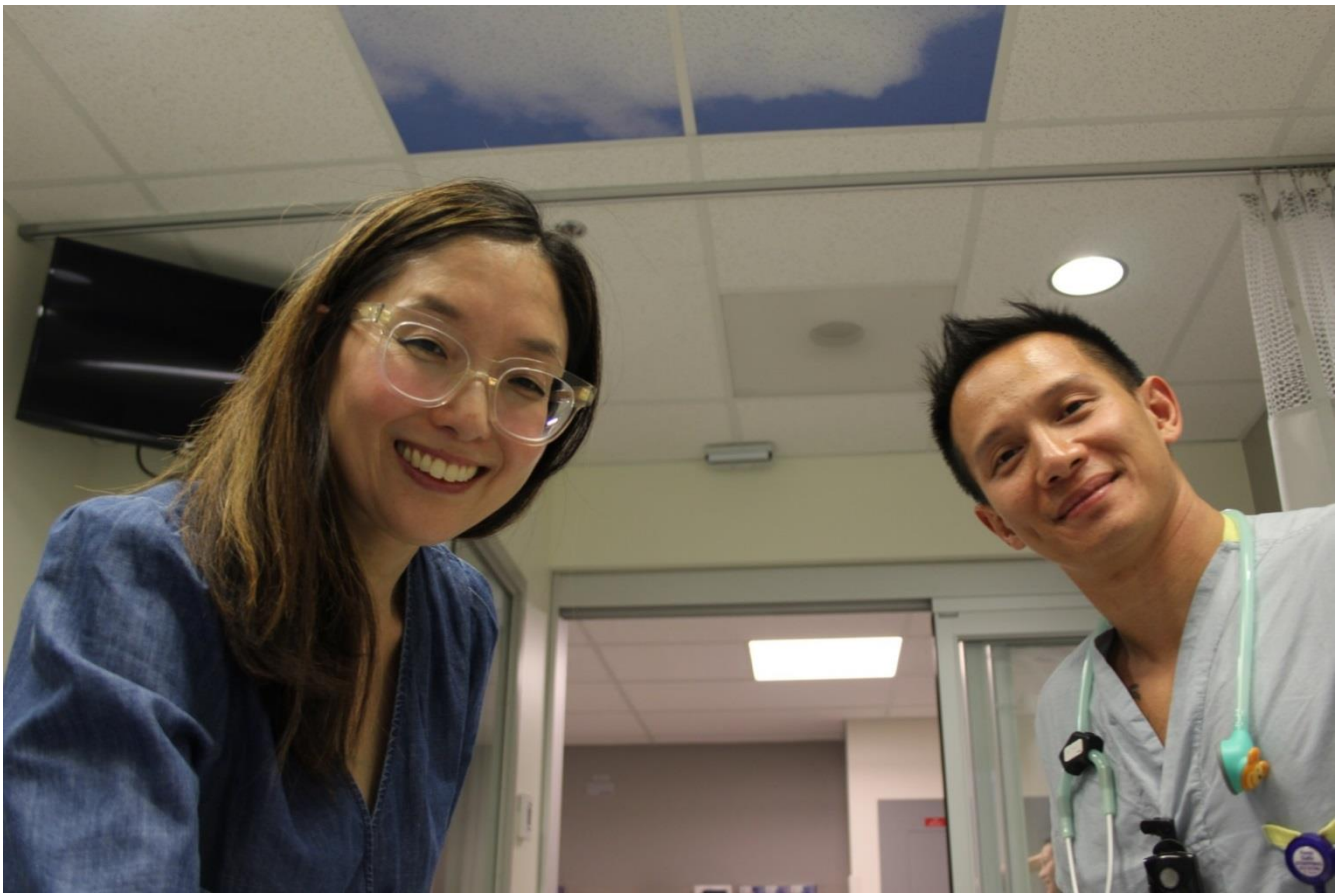
This is what one of the procedure rooms looks like.

There are lots of people in the room and different equipment. Not all of the equipment will be used for you and your procedure.

You may even recognize some of the equipment in the room. Can you spot the TV's, bed and lights?

They may be able to play your favourite show on the TV while you fall asleep, what would you like to watch?

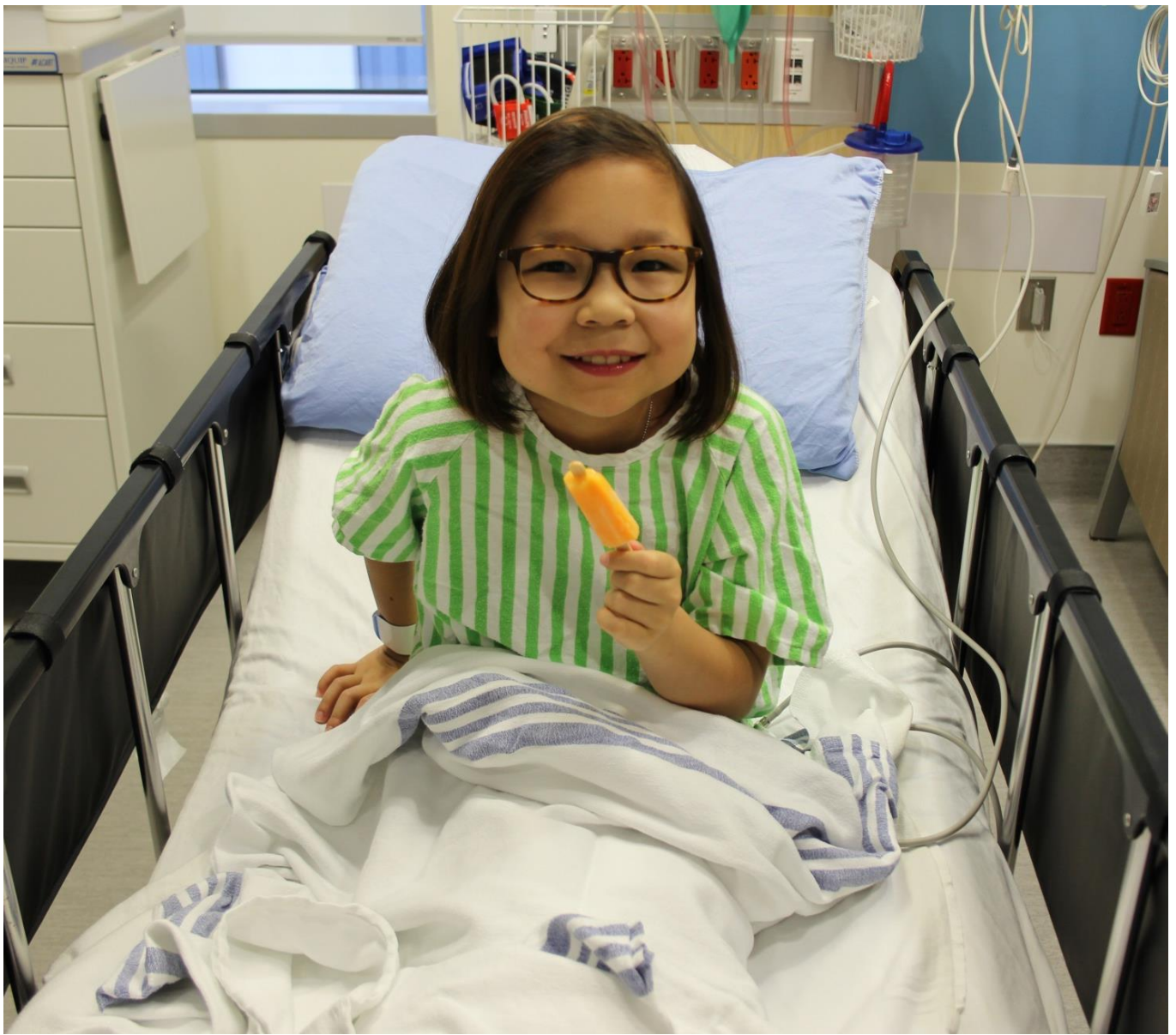




Your caregiver will meet you in a new room once you are awake.

A nurse will be there to make sure you are feeling comfortable.





When you wake up, you can have popsicles, apple juice or water.*



* Some special procedures may not allow for this immediately after wake up



Before you go home, your nurse will answer all your questions and make sure you're feeling comfortable before you go.

If you are staying overnight, please see the next two pages.





If you're having a sleepover, you'll be brought to the 6th floor.

Each room has their own bathroom, shower, and a little fridge to store your goodies!

Your family and friends can visit you here during your stay.





If you are staying overnight in PICU you are also allowed to have visitors.

They may restrict this to 2 visitors at a time depending on how your body is feeling.



If you want to watch the “Welcome to Procedures” video, check out:

<http://www.bcchildrens.ca/our-services/hospital-services/surgery>

If you want more information on how to prepare you child, please check

out: [http://www.bcchildrens.ca/our-services/support-services/child-life#Procedural--Prep.](http://www.bcchildrens.ca/our-services/support-services/child-life#Procedural--Prep)

