

Trampolines and Playgrounds

Did you know...?

- trampoline injuries are increasing
- jumping on the trampoline is a high risk activity with the potential for serious injuries



Source: Safe Kids Canada

On playgrounds, remember to...



- remove strings from children's clothing
- remove bicycle helmets
- not attach ropes or cords to playground equipment



Display is courtesy of Safe Start,
the injury prevention program of
BC Children's Hospital