

Parent Checklist (Optional)  
**Schools Requesting a Nursing Support Services (NSS)  
Seizure Rescue Intervention Training Session**

**Before the NSS Training Session:**

- 1. Ensure that the Seizure Action Plan and Medial Alert Information (SAP) form is **fully completed** including:
  - PART 1 – Parent/guardian completes
  - PART 2 – Parent/guardian and school complete
  - PART 3 – Physician completes
  - PART 4 – Parent/guardian completes
  - Appendix A – Parent/guardian completes
  - Seizure Log – this section is not filled in now. The non-medical school staff will complete it if your child has a seizure or receives a rescue intervention at school.
- 2. As directed by your child's school or school district, complete the School District Medical Alert /Life Threatening Conditions form, if required.
- 3. Submit and review the SAP with the school.
- 4. Have an information sharing session with the non-medical school staff who will be administering your child's seizure rescue medication. Attendance should also include the school administrator and/or case manager.

**During this session, please ensure that you review:**

- your child's SAP.
  - your child's specific seizure behaviours (so that the non-medical school staff will be able to recognize your child's seizures).
  - when non-medical school staff should provide the seizure rescue intervention(s) to your child (i.e., for which seizures and after how many minutes/how many seizures).
  - how your child usually behaves after a seizure.
  - how your child usually responds to the seizure rescue intervention(s).
  - your child's rescue intervention dose:
    - for midazolam, show how to match up the line marked on the syringe with the plunger.
    - for lorazepam, show how many tablets to give.
    - for VNS, show the magnet and the number of swipes to provide.
  - when to call parent/guardian and 911.
- 5. Ensure that your child's ordered rescue intervention(s) and supplies are available for the school:
    - Lorazepam (Ativan) sublingual tablet** - in a pharmacy labeled container/package with your child's name, the medication name, dosage, route of administration, indication for use, and expiry date.
    - Midazolam** - in a pharmacy labeled vial with your child's name, the medication name, medication concentration (must be 5mg/ml), dosage, route of administration, indication for use, and expiry date, and:
      - a 3 ml luer-lock syringe (no other size or type is acceptable) marked with the appropriate dosage (number of mls) prescribed for your child.
      - a blunt needle to withdraw the medication from the midazolam vial.
      - a nasal atomizer (for intranasal administration).
    - Vagus Nerve Stimulator (VNS)** - your child's magnet.

Once all the above steps have been completed, your child's school will complete a training request to NSS. An NSS Coordinator will then train the non-medical school staff how to provide the seizure rescue intervention(s) to your child. You are encouraged to participate in this NSS training session as you are able.

**Please note:** Non-medical school staff will not be able to provide your child with a seizure rescue intervention until they have attended both:

1. The parent/guardian information sharing session to review all of the information in your child's SAP. This session should occur before the NSS training session.
2. The NSS training session that will cover how to provide your child's student-specific seizure rescue intervention(s).

Until they have attended both sessions, non-medical school staff who have already been trained in seizure first aid and who have been to the information sharing session with you, may be able to provide basic seizure first aid as per your child's SAP, based on school district policies/directives.