

# BC Children's Hospital Gender Clinic Roadmap



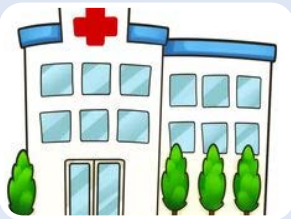
## DOCTOR REFERRAL

- Have your doctor refer you to the BC Children's Hospital Gender Clinic.
- [www.bcchildrens.ca/our-services/clinics/gender](http://www.bcchildrens.ca/our-services/clinics/gender)



## INTAKE APPOINTMENT

- Once we receive your referral we will send you and your doctor a letter offering you an intake appointment.
- At this appointment, you will meet a nurse and/or social worker, not the endocrinologist.



## LEARNING ABOUT YOUR JOURNEY

- During the intake appointment, we will learn about your journey and help you take the next steps in your care.
- If you are interested in gender-affirming treatment we will help you find a mental health professional to do a readiness assessment.



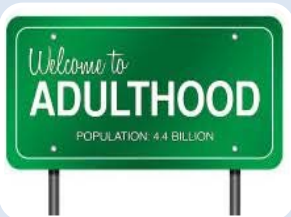
## TREATMENT OPTIONS

- Once your puberty blocker/hormone assessment is completed and you are ready to move forward, you will call us to schedule your appointment with the endocrinologist.
- We will talk about your medical history, do an exam and talk about treatment options.



## BEGIN TREATMENT

- Puberty blockers
- Gender-affirming hormones
- We will see you regularly during this time



## CONTINUE TO ADULT CARE

- We can care for you until you are 19 years old
- After you are 19, we can refer to an adult care provider