



## BCCH GENDER CLINIC REFERRAL FORM

We look forward to supporting your patient. Here are some important points to know:

- We only accept referrals for patients **before their 17<sup>th</sup> birthday**. If you would like to discuss a specific case, please call our team.
- **Please share with families** that most patients will initially be offered an **intake appointment with a nurse and/or social worker**. This appointment is focused on supporting the youth and family, providing guidance on possible next steps, and sharing resources. A social worker or nurse may reach out directly to families prior to intake if more information is needed.
- Some youth may be ready for a medical appointment to discuss starting puberty blockers or hormones. We will determine this once we have reviewed the referral.
- We are not a mental health clinic. We cannot respond to mental health crises.

**REQUIRED INFORMATION IS MARKED WITH A \* – IF LEFT BLANK, THE REFERRAL MAY BE RETURNED.**

\*To your knowledge, are parents/guardians aware of this referral?<sup>q</sup>  yes  no  unsure

\*To your knowledge, are parents/guardians supportive of this referral?<sup>q</sup>  yes  no  unsure

<sup>q</sup>note: youth do not always want their parents/guardians to be informed of their visits to our clinic

Date of referral: \_\_\_\_\_ (YYYY/MM/DD)

Referring MD/NP: \_\_\_\_\_ MSP#: \_\_\_\_\_

MD/NP phone: \_\_\_\_\_ MD/NP fax: \_\_\_\_\_

\*Who should we contact to arrange appointments?  guardian  youth  other: \_\_\_\_\_

### CHILD'S/YOUTH'S INFORMATION:

\*Legal first name: \_\_\_\_\_ \*Legal last name: \_\_\_\_\_

Chosen name: \_\_\_\_\_ \*Date of birth: \_\_\_\_\_ (YYYY/MM/DD)

Gender identity:  man/boy  woman/girl  non-binary  other: \_\_\_\_\_

Pronouns used:  he/him  she/her  they/them  other: \_\_\_\_\_

\*PHN: \_\_\_\_\_ \*Sex assigned at birth:  male  female

Youth's cell phone<sup>†</sup>: \_\_\_\_\_ Youth's email<sup>†</sup>: \_\_\_\_\_

<sup>†</sup>note: if cell or email is provided, this means that you have obtained consent for us to contact the youth this way

\*Youth's home address: \_\_\_\_\_

Puberty status: The following information helps us triage — any information provided is helpful.

Natal female puberty:

breast growth:  yes  no

menstruating:  yes  no. If "yes", for approximately how long? \_\_\_\_\_

Natal male puberty:

testicular/penile growth:  yes  no

voice change:  yes  no

If your patient is seeking medical treatment (puberty blockers/hormones), a readiness assessment must be completed by a trans-competent mental health assessor prior to starting treatment. Wayfinding to a readiness assessor and other resources can be discussed in the intake appointment.

Is your patient seeing or waitlisted to see a mental health assessor?  yes  no  unsure

**FAMILY INFORMATION:**

Parent(s)/guardian's name(s): \_\_\_\_\_

\*Parent/guardian phone<sup>‡</sup>: \_\_\_\_\_ OK to leave a message?  yes  no

Parent/guardian email<sup>‡</sup>: \_\_\_\_\_

<sup>‡</sup>note: if email is provided, this means that you have obtained consent for us to contact the family by email

Is this child/youth in Ministry (MCFD) care?  yes  no.

If "yes", name of worker: \_\_\_\_\_

Interpreter required?  yes  no. If "yes", for which language: \_\_\_\_\_

**IMPORTANT:** Please be sure to include all pertinent reports with your referral. We will contact the family directly with the appointment time.

Reason for referral:
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