

MEDICAL INVESTIGATION FACILITY TESTING

Your physician has ordered a diagnostic test for your child on _____ at _____. Please take the elevator to the 2nd floor of the hospital and follow the yellow signs to the **Medical Investigation Facility, Room 2C30 (main red building)**. You will have been pre-registered for this visit.

A number of blood samples will be taken through an intravenous (IV). The first blood sample is taken as the IV is started, and the next samples are taken from the IV catheter. This decreases the number of needles which would otherwise be necessary to obtain the required number of blood samples. If your child is afraid of needles, please ask the nurse in MIF for a spray to numb the site.

The length of the testing depends on the test(s) your doctor has ordered. Please allow for time before and after the test when making plans for the day.

Your child will need your comfort and support; for that reason, please plan on staying for the length of testing, or at least until the test is started. Space is very limited in the testing room, please try to make child-care arrangements for any siblings.

INSTRUCTIONS FOR ENDOCRINE TESTS

- FASTING TEST:** Have a snack no later than 8:00 PM the night before the test. No breakfast the morning of the test.

! No food or fluids other than water until after the test has been completed, unless otherwise instructed by the doctor or nurse.

- NON-FASTING TEST:** Your child may eat normally prior to the testing.

Have your child wear short sleeves. You may wish to bring any toys, blankets or other items, which may assist in comforting your child. There is a TV and DVD player in the room. A number of videos are available for viewing. Children may bring their own videos, provided that the rating does not exceed PG-13 and would be suitable for viewing by a wide age range.

If your child is unable to keep this appointment, please call the Medical Investigation Facility at 604-875-3680 at any time and leave a message.

Additional instructions: _____