

Equipment and Supplies for a Homemade Blenderized Formula

Having the right equipment to prepare, store and administer a homemade blenderized formula helps to ensure that food is blended to a consistency that can easily pass through a feeding tube and minimizes the risk of food borne illness.

Equipment checklist for homemade blenderized formula:

- Commercial grade blender (for example a Blendtec or Vitamix)
- A strainer or fine sieve
- Clean kitchen space and sink
- Measuring cups and measuring spoons
- Refrigeration space
- Freezer space if storing homemade formula for > 48 hours
- Airtight containers for storing formula
- Labels for storage containers
- Syringes for feeding
- Bolus extension set for low-profile gastrostomy tubes





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