

## P1 – BCCH Child Psychiatry Unit Referral Guide

Referrals to the Child Psychiatry Unit are usually considered when the patient’s problem(s) are considered long standing, severe, complex and where available community resources have been reasonably exhausted. Care providers may wish to reach out to the Compassbc.ca program to review other mental health resources, options.

1. Fill in all sections of the referral form.
2. Gather relevant collateral and send with the referral.

<ul style="list-style-type: none"> <li>• Psychiatry Consults</li> <li>• Pediatric Consults</li> <li>• Psychology Assessments</li> <li>• Cognitive reports</li> <li>• Social emotional reports               <ul style="list-style-type: none"> <li>○ ADOS/ADI-R</li> <li>○ Sunny Hill Consults</li> </ul> </li> <li>• Speech And Language</li> <li>• Occupational Therapy</li> <li>• Autism</li> <li>• FASD</li> <li>• CDBC</li> </ul>	<ul style="list-style-type: none"> <li>• School academic testing/School Reports</li> <li>• School-Based Team Meetings</li> <li>• IEP’s</li> <li>• Report-Cards</li> <li>• School Progress Note</li> <li>• Any Previous Assessment Reports</li> </ul>	<ul style="list-style-type: none"> <li>• Anecdotal Comments/Observations</li> <li>• CYMH Assessment/ Consults/Progress Note</li> <li>• Child Protection Reports</li> <li>• Social Work Reports</li> <li>• Behavioral Intervention Plan</li> <li>• Medical Consults</li> <li>• Genetics</li> <li>• Neurology</li> </ul>
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3. Ensure there is a referring doctor (usually a pediatrician or psychiatrist, can be a family doctor if those MDs are not available to the community) supporting the referral. If available, ensure there is a recent psychiatric consult.
4. Ensure there is a case manager.
  - a. All referrals require a case manager and supporting physician.
  - b. Typically, the CYMH or CYSN clinicians are the referral case managers, and sometimes physicians or MCFD Social Workers act as case managers in their absence.
  - c. What is the role of the Community Case Manager in referrals to Child Psychiatry unit?
    - i. Case Managers/ Clinicians liaise with family, community physicians, and CYMH Team Leader to gather all information required for referral purposes.
    - ii. Present the Referral at the Child Unit Community Intake Meeting
    - iii. Attend the Child Unit Discharge Conference and follow through with treatment recommendations.
5. Please contact your regional gatekeeper or team leader to review your referral and obtain approval.
  - a. Please contact the Child Unit team if you need your regional gatekeeper/team leader’s contact information.
  - b. *Please skip Step 5 for Vancouver Island referrals.*
6. Fax the completed gatekeeper/team leader signed referral form and collateral to 778-504-9765
7. Once the Child Psychiatry team receives your referral, the Nurse Clinician will contact the referring case manager.

### **Questions?**

**Please contact our Child Psychiatry Intake Team at BC Children’s Hospital at 604-875-2345 x5608**