

Services we provide:

For Clients, Partners, and Family Members

- Individual counselling and education
- Group workshops
- Support groups
- Access to resources
- Erection Enhancement Clinic
- Sperm Retrieval Clinic (for men experiencing changes to ejaculation)
- Sexual Medicine Physician consultation

For Health Care Professionals

- Customized educational workshops and presentations
- Consultation regarding client issues
- Provision of educational materials to assist staff in addressing the sexual health concerns of their clients
- Networking with community resources

How to access the Sexual Health Rehabilitation Service

A physician referral is required.

Please direct all referral inquiries to:
604-737-6233.

What are our Fees?

Clients and their families: No cost – it is funded by the Medical Services Plan.

Health care staff: Workshops and educational sessions are provided. A fee or honorarium may apply.

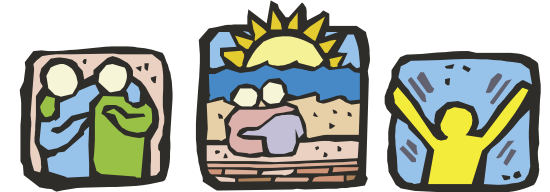
Visit our website at:
www.scisexualhealth.com

For more copies, call **Sexual Health Rehabilitation Service** at **604-737-6233** and quote Catalogue No. **GA.022.SE92**
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The information in this document is intended solely for the person to whom it was given by the health care team.

www.vch.ca

Sexual Health Rehabilitation Service



GF Strong Rehab Centre
4255 Laurel Street
Vancouver BC V5Z 2G9
Tel: 604-737-6233

What is sexuality?

Sexuality is an integral part of all of us, regardless of age, class, colour, cultural background, gender identity, health, physical or mental ability, religion/spirituality, and sexual orientation.

In the broadest sense, sexuality encompasses all the feelings, attitudes and behaviours that contribute to a person's own sense of self. These feelings will be impacted by your age and life experience.

For example, sexual concerns for a teenager will likely be very different from those for an adult or a senior.

A person with a physical disability may have specific questions or concerns in areas such as sexual functioning, fertility, sexual relationships or sexual self-image. Their partners and families may also have questions in these or other areas.



What is the Sexual Health Rehabilitation Service?

Sex and sexuality are difficult subjects for many people to talk about. We provide an opportunity for individuals with a physical disability and their partners or families to express their concerns about sexual health as well as to receive information.

Every injury or illness is unique and can have a different impact on sexual health. The Sexual Health Rehab Service provides a confidential, supportive environment for you to explore and address your concerns.

We are a team of Rehabilitation Nurses who specialize in the area of sexual health and disability. We work with a consulting Physician of Sexual Medicine.



Some common questions people may have are.....

- How will I hug my partner?
- How will I meet people?
- Will I be able to have sex?
- Will sex be the same?
- What about my sex drive?
- What are my choices for birth control?
- Will I be able to have children?
- How do I talk to my partner about sex?
- Will others find me attractive?
- My child has a disability. What do I tell them about sex?
- What can I do if my child, adolescent or partner is acting out sexually?

