

Graduation Checklist



Here
Is a list
for you to
review...

Before you leave for the adult world,
double check you've got everything
packed and ready to go!



(✓)

- Notify your Family Physician you are changing specialists
- Information about your adult clinic/ specialist
- Copy of Transition Package—Medical Transfer Summary letter and Transition Clinical Pathway
- List of concerns you have transferring to Adult Care
- Questions for your adult care providers
- Insurance benefits information
- Connected to groups, clubs - a social plan
- School information up to date
- Restrictions to driving or other activities confirmed
- Answers to your questions about your sexual health / family planning
- Transportation benefits / services information
- Information on medications, side effects, long term effects, combination effects
- Expectations of adult system including right to information, consent and treatment
- Warm good-bye from the pediatric team

