

Medications DO NOT Mix!

Medications prescribed to help with your health condition may not mix well with other medications, herbal remedies or street drugs. If you take more than one medicine, your doctor and pharmacist are very careful to make sure that they can be mixed safely. Your friends may offer you drugs like alcohol, cigarettes or cocaine. Find out what these drugs can do to you and the effects they will have on your health.

EXERCISE: Find out what you may experience if you mix your medications with other drugs. Ask your physician or pharmacist. Make a list of your medications then answer the question in each box:



⇒ Over-the-counter medications I should avoid. Why?

⇒ Herbal / vitamins I should avoid. Why?

List of medications you take	Alcohol	Cigarettes	Marijuana
1.			
2.			
3.			
4.			
5.			
6.			