

Take a Medication Quiz

Exercise: Knowing about your medications, how they work, and how they should be taken, is important in taking responsibility for yourself. You can use books, articles, the internet, your physician, nurse and your pharmacist to help you find out about them.

Take the medication quiz for each medication you are on.

Your phone is a good way to track your medications, dosage, times taken and any side effects you might be experiencing.

The name of the medication I take is _____
It belongs to a group of medications called _____

It works in my body by _____
I take the medication for my health condition because _____

Some unwanted side effects can be _____
The unwanted side effects I have had are _____

To help me cope with these side effects I can _____

I take this medication (how many) _____ times a day.
If I miss a medication dose I should _____

I will be taking this medication until _____

This medication is not effective if I mix it with these over-the-counter medicines:(list which ones)
