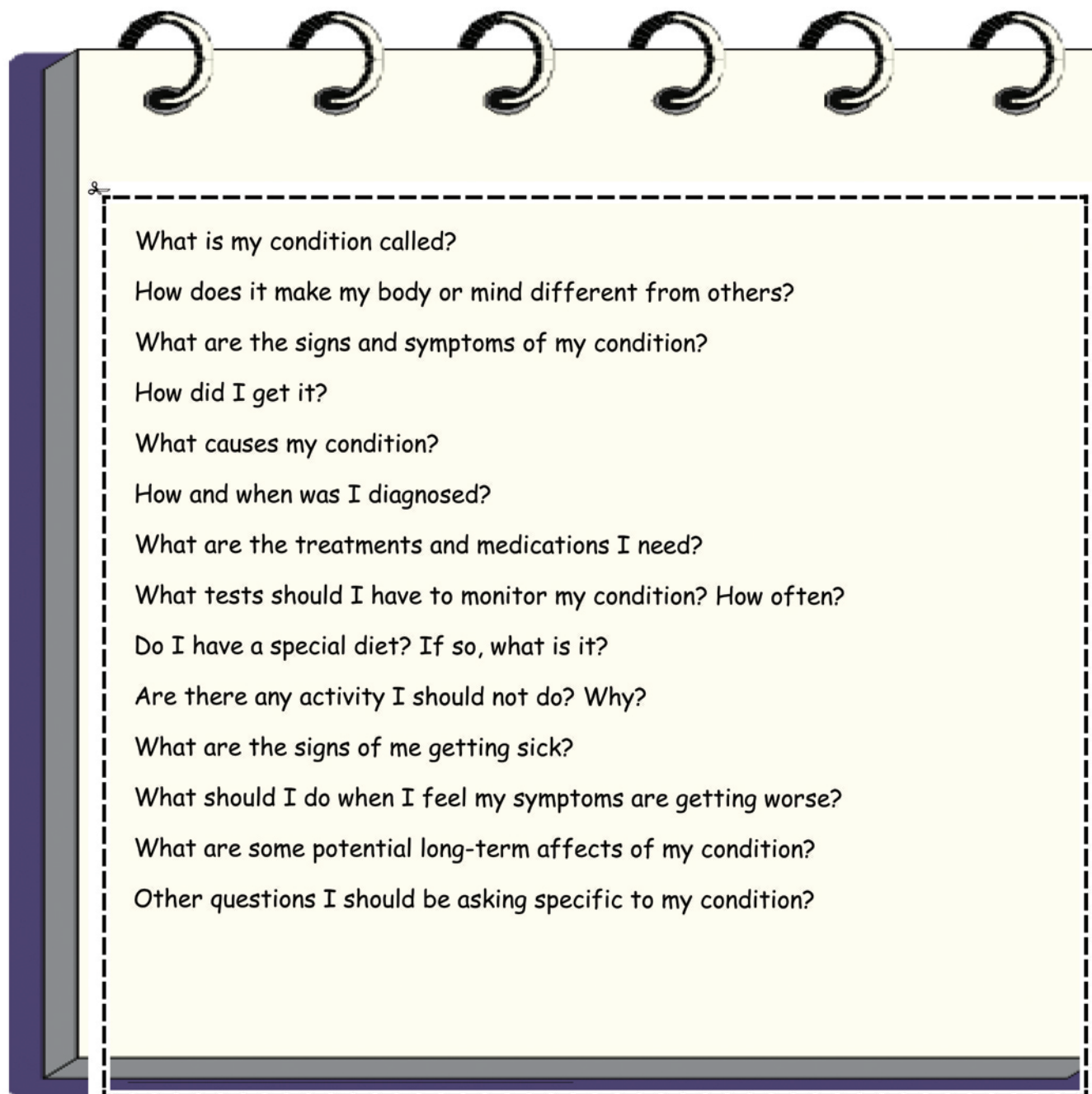


What I Need to Know about My Health Condition

EXERCISE: As you get older, you may spend more time away from your parents—at school, out with friends, or on trips. You may need to tell someone about your health condition. Try answering the questions below—ask your family and/or doctor to help. *Take this list of questions to your next clinic appointment to make sure the answers are right. Then practice the answers over and over.*



What is my condition called?

How does it make my body or mind different from others?

What are the signs and symptoms of my condition?

How did I get it?

What causes my condition?

How and when was I diagnosed?

What are the treatments and medications I need?

What tests should I have to monitor my condition? How often?

Do I have a special diet? If so, what is it?

Are there any activity I should not do? Why?

What are the signs of me getting sick?

What should I do when I feel my symptoms are getting worse?

What are some potential long-term affects of my condition?

Other questions I should be asking specific to my condition?