



Halloween Safety Checklist

Child's' Costume ...

- is bright and helps her or him to be easily seen by drivers
Tape that is reflective can be attached to the costume.
- is made of material that resists flame
- ends above your child's ankles to avoid tripping
- is tight-fitting; loose and flowing could catch fire.
- uses face make-up that is non-allergenic and not masks;
masks can make it hard for your child to see
- includes well-fitting shoes or boots to avoid trips and falls
- has all parts made of soft, flexible material with no sharp edges. This includes anything he or she may carry such as swords.
- has hats or wigs that are secure so they won't slip over child's eyes

Parents, please ...

- Give your child a healthy meal before heading out to trick or treat. They'll be less tempted to fill up on Halloween treats.
- Light your jack-o-lantern with a flashlight or a light stick rather than a candle.
- Have your home well-lit and stairs cleaned of leaves or clutter and not slippery.

- Have small children draw a face on the pumpkin instead of letting them carve it.
- Check your child's treats before they eat them. Throw out any treats that are torn, unwrapped or are in open packages.
- Keep your pet away from your front door. A masked trick or treater could spook them.
- Plan family games and activities rather than fireworks.
- Hand out treats that do not cause a young child to choke. Do not give popcorn, hard candy, nuts or rubber balloons to children under five.

Older Trick or Treaters should...

- Always go with a group and walk, not run.
- Plan out a safe route with their parents.
- Use cross-walks and corners to cross streets.
- Make eye contact with drivers.
- Visit houses that are well lit.
- Never enter a home of someone they do not know well.
- Carry a flashlight and if possible, a cell phone.
- Check in at home at a time you have agreed upon.





The injury prevention program of

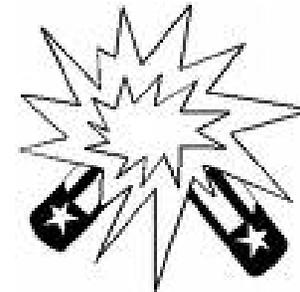


Take a moment to be aware of the injuries that can happen
and enjoy a safe and less scary Halloween!

www.bcchildrens.ca/safestart

Keep Halloween Injury-free

Fireworks Facts



Did you know...

- A sparkler can burn as hot as 1,200° F (700° C) and will not go out even when you put it in water.
- Burns to the hands and face are the most common injuries from fireworks.
- In many cities you need a permit before you can use fireworks
- Fireworks that are home made or illegal explosives cause 30% of the injuries

