

Test your Child Safety IQ

Which of the following plants is poisonous?

- a) boston fern
- b) spider plant
- c) dieffenbachia

In Canada, which of the following causes the most hospitalizations of children under five years of age?

- a) falls
- b) poisonings
- c) burns

Which of these is responsible for the most poisoning deaths among young children?

- a) medication
- b) cleaners
- c) plants

Answers: 1 c, 2 a, 3 a



is the injury prevention initiative
of B.C Children's Hospital

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Home Safety Checklist

Did you
know?

***...that most injuries to
children under 5
happen in the home?***

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Kitchen

- 1 Chairs and step-stools are well away from the counters, sink, microwave and stove.
- 1 Knives, scissors and other sharp utensils are in a locked drawer.
- 1 The stove's back burners are used when cooking and hot food and drinks are kept away from edges of tables and counters.
- 1 Appliance cords are out of reach.
- 1 Plastic bags and food items small enough to cause choking are kept away from babies and toddlers.
- 1 Household cleaners, medications, vitamins and other poisons are locked up.
- 1 A fire extinguisher is conveniently located.



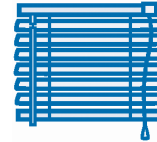
Bathroom

- 1 Medicines, cosmetics and cleaners are stored in a locked medicine cabinet or well out of a child's reach.
- 1 Electrical outlets are grounded and have full panel protective plug covers.
- 1 Hair dryers, curling irons and other electrical appliances are unplugged and out of a child's reach.
- 1 Non-slip mat or decals are placed in tub.
- 1 A bath ring or bath seat is not used.
- 1 The hot water tank is turned down to 49°C or 120°F



Child's Room

- 1 The crib is in good condition, made after 1986 and has been checked for recalls.
- 1 Beds and cribs are placed well away from the window.
- 1 Mattresses fit snugly without gaps to prevent a small head from getting caught.
- 1 Dresser is anchored securely.
- 1 Diaper changing products (pins, powders, wipes, oil, etc.) are stored away from babies or small children.
- 1 Blind and drapery cords are tied up high.
- 1 The toy chest has ventilation holes and a lid that can be opened from the inside.
- 1 Night lights are not toy-like and are placed in high sockets and away from bedding, draperies or hanging materials.
- 1 No bumper pads, pillows, quilts, duvets or toys in your child's crib.



Living Room

- 1 TV sets and other heavy furniture are anchored securely.
- 1 Sharp corners and edges on tables have been covered with soft cushioning.
- 1 Fireplaces and wood stoves have fixed safety guards around them.
- 1 Matches and fire starters are out of reach of children.

- 1 Windows and sliding doors are locked in at 4" or less.
- 1 Poisonous houseplants have been removed.
- 1 Blind and drapery cords are tied up high.
- 1 Furniture (side tables, couches) are well away from windows.
- 1 Non-slip mats are placed under area carpets.



Around the Home

- 1 Smoke alarms are installed in bedrooms and hallways on each level and batteries are checked regularly.
- 1 Electrical cords are secured out of reach.
- 1 Child's surroundings have been cleared of small objects that could cause choking.
- 1 Top of stairs are protected with a gate that hardware-mounts to the wall.
- 1 Door knob covers are placed on doorknobs to deter a child from opening doors to unsafe areas.
- 1 Your child knows how to call for help in an emergency
- 1 Your child knows his or her full name, address and telephone number, as well as your name.
- 1 Ponds and swimming pools are completely surrounded by fences and a locking safety gate (between the house and pool).

