

Recurrent Respiratory Papillomatosis (RRP) Surgery

Ear, Nose, and Throat Clinic

4480 Oak Street, Vancouver, BC V6H 3V4 604-875-2113 1-888-300-3088 www.bcchildrens.ca

What to expect after surgery

Nausea

 Some children feel sick to their stomach after the anesthetic from the procedure. Start slowly with sips of water or a popsicle and encourage fluids when they are able to drink.

Pain

- Your child may have a mild sore throat after surgery. This usually lasts a couple of days.
- To help with pain, you can give your child Tylenol (Acetaminophen), Advil (Ibuprofen), or both. You can give the Tylenol/Advil every 4-6 hours regularly for the first 2 days, and then as needed. Follow the directions on the bottle.

Activity

- The day after surgery, your child can return to normal activities if they feel ready.
- Encourage your child to speak in a normal voice. They should not whisper or yell. If your surgeon has specific instructions, they will let you know.

Call the ENT Clinic Nurse or Seek Medical Attention if:

 Your child has a fever of 38.5°C or higher that lasts for more than 24

- hours, starting 2 or more days after surgery
- Your child's pain does not get better with pain medicine.
- Your child vomits more than 24 hours after their surgery,
- Your child complains of trouble breathing or swallowing.
- Your child snores more than what is normal for them.
- You have other worries about your child.



Follow up

- Your child's doctor will tell you when to schedule follow-up visits.
- After your child's surgery, call your doctor's office to schedule these visits.



Contact information

- ENT office: 604-875-2113
- ENT clinic nurse: 604-875-2345 ext. 7053 Monday to Fridays, except holidays 8:30am-4:30pm