

Retinoblastoma (Bilateral)

Long Term Follow Up Guidelines

Time Months from end of Rx	Date	Location	H&P	CBC	Bio-chem	Serology	T4/TSH	LH/FSH Est/Test After age 10	CT or MR	CXR	Eye Exam	Dental If had XRT	Audio	?Bone Scan	Echo & ECG	U/A
0			+	+	+		+		+	+	+				+	+
3			+	+	+						+					+
6			+	+	+	+			+		+					+
9			+	+	+						+					+
12			+	+	+		+		+	+	+	+	+		+	+
15			+	+	+						+					+
18			+	+	+				+		+					+
21			+	+	+						+					+
24			+	+	+	+			+	+	+	+				+
30			+	+	+						+					+
36			+	+	+		+		+	+	+	+			+	+
42			+	+	+						+					+
48			+	+	+				+	+	+	+				+
60			+	+	+		+		+	+	+	+	+		+	+
Q 1 year			+	+	+						+	+				
Q 2 years							+	+			+				+	+
Q 5 years															+	After age 18

Definitions

Biochem—LFTs, BUN, creat, lytes ± Ca, PO4, Mg, gluc

Echo—If had anthracyclines. Every 2 years until age 18, then q5y

H&P—Check irradiated areas carefully

T4/TSH—If had XRT

Eye exam—Yearly until age 18, then q2y

Serology—Tetanus, polio, measles, mumps, rubella, CMV, HSV, VZV, EBV, Hep B&C, HIV

Audio—If received cisplat or aminoglycosides

Name _____

BCCH # _____

Off Tx Date _____

DOB _____

Protocol _____

DX _____

BCCH Oncologist _____

Other Physicians _____