

Non-Germinomatous Germ Cell Tumour or Metastatic Germinoma treated with Chemotherapy and Craniospinal Radiation Therapy Pediatric Surveillance & Follow-up Guidelines

	Months from end of therapy	Date	Location	H&P	MRI of head **	CBC	AFP, hCG	Chem	Urine tests	GFR	Endo	Metab	LH, FSH, Test or Est	Audio	Eye exam	Neuropsych assessment	Other	
Early Follow-up Clinic	0			+	+	+	+	+		+				+				
	3			+	+	+	+	+	+									
	6			+	+	+	+										Attenuated vaccine re-immunization	
	9			+	+		+											
	12			+	+	+	+	+	+	+	+		+	+	+		Live vaccine re-immunization	
	15			+	+		+											
	18			+	+		+											
	21			+	+		+											
24			+	+	+	+	+	+		+	+	+	+	+	+		Summary for LTFU clinic	
LTFU Clinic	30			+	+		+											
	36			+	+	+	+				+		+	+	+			
	42			+	+		+											
	48			+	+	+	+				+	+	+	+	+			
	60			+	+	+	+	+	+				+	+	+			
Notes			+BMI	+spinal if metastatic at diagnosis and/or at relapse. Alternate with head+ spine if localized			Lytes, Ca, Mg, PO4, Cr, urea, LFTs, glucose	U/A; urine Prot: Cr ratio	If cisplatin	TSH, T4, IGF-1, +/- cortisol if >30Gy	fasting glucose, HbA1C, fasting lipids,	Baseline age 12 y if RT or clinical concerns. Rpt Q1y				First assessment prior to school entry. Repeat at school transitions if ongoing concerns		

Further Surveillance

Dentistry	Annual
Semen Analysis	From age 18y in males
Anti-Mullerian Hormone	From age 16y in females if CED ≥ 6 g/m ² or pelvic RT; or earlier if clinical concerns
Breast MRI and Mammogram	From later of age 25y or 8y after exposure if chest RT
Colonoscopy	From later of age 30y or 5y after exposure to abdominal RT

Cardiac Surveillance Guidelines (BC)

Anthracycline Dose*	Radiation Dose**	Recommended Frequency of Echo
None	< 15 Gy or none	No Screening
	15 - < 35 Gy	Every 5 years
	35 Gy	Every 2 years
< 250 mg/m ²	< 15 Gy or none	Every 5 years
	15 Gy	Every 2 years
250 mg/m ²	Any or none	Every 2 years

*Based on total doses of doxorubicin or the equivalent doses of other anthracyclines

**Based on radiation dose with potential impact to heart (radiation to chest, abdomen, spine [thoracic, whole], total body [TBI])

COG LTFU Guidelines version 5.0 (Oct 2018)

Anthracycline Equivalent Dose

Agent	Correction factor
Doxorubicin	1.0
Daunorubicin	0.5
Epirubicin	0.67
Mitoxantrone	4.0
Idarubicin	5.0

Chow J Clin Oncol 2015;33(5):394-402

Risk of Prolonged Oligospermia or Azoospermia

Agent	Possible Risk	High Risk
Cyclophosphamide	> 4g/m ²	> 7.5 g/m ²
Busulphan		> 600 mg/m ²
Melphalan		> 140 mg/m ²
Ifosfamide	> 42 g/m ²	> 60 g/m ²
Procarbazine	> 3 g/m ²	> 4 g/m ²
Chlorambucil		> 1.4 g/m ²
BCNU	> 300 mg/m ²	> 1 g/m ²
CCNU		> 500 mg/m ²
Cisplatin	> 300 mg/m ²	> 600 mg/m ²
Testicular RT dose	> 200 cGy	> 1200 cGy

*Lower doses are still possible risk

1. Green J Clin Oncol 2010;28:332-9
2. Meistrich Pediatr Blood Cancer 2009;53:261-6
3. Wynn Human Reprod Update 2010;16(3):312-328

Risk of Premature Ovarian Insufficiency or Infertility

Agent	Possible Risk	High Risk	Ref
CED	> 4 g/m ²	> 8 g/m ²	1
Procarbazine	> 2 g/m ²	> 4 g/m ²	2
Cisplatin	> 300 mg/m ²		3
Dactinomycin	>12.2 mg/m ²		4
Ovarian RT dose*	> 100 cGy	> 1000 cGy	5

*Age dependent (see nomogram⁵)

^Bevacizumab can cause ovarian failure; possibly acute and transient only⁶

1. Green Pediatr Blood Cancer 2014;61(1):53-67
2. Van der Kaaij J Clin Oncol 2012;30(3):291-299
3. Solheim Gyne Oncol 2015;136(2):224-229
4. Van Den Berg Hum Reprod 2018; 33(8):1474-1488
5. Wallace Int J Radiat Oncol;62(3):738-744
6. Imai Molec Clin Oncol 2017;6:807-810

Cyclophosphamide Equivalent Dose (CED)

Agent	Correction factor
Cyclophosphamide	1.0
Ifosfamide	0.244
Procarbazine	0.857
Chlorambucil	14.286
BCNU	15
CCNU	16
Melphalan	40
Thiotepa	50
Nitrogen Mustard	100
Busulphan	8.823

Green Pediatr Blood Ca 2014;61:53-67