

Ewing Sarcoma Pediatric Surveillance & Follow-up Guidelines

ATTACH PATIENT ID

Years from end of therapy	Date	Location	H&P	Ortho / Physio	CBC	Chem	Imaging of primary	CXR	Urine tests	GFR	ECHO	Metab	Thyroid	PFTs	LH, FSH, Test, Est	Other	
Late Effects Clinic	6			+	+		+	+									
	7			+	+		+	+									
	8			+	+		+	+									
	9			+	+		+	+									
	10			+	+		+	+									
	11			+	+												
	12			+	+												
	13			+	+												
	14			+	+												
	15			+	+												
	16			+	+												
	17			+	+												
	18			+	+												
Notes						Lytes, Ca, Mg, PO4, Cr, urea, LFTs.			U/A, urine Prot:Cr & Alb:Cr ratio	If renal RT. Repeat Q2y if abN	Insert freq based on cardiac guideline. ECG if clinical concerns	Non-fasting glc & lipid panel, HbA1C Q3-5y; or Q2y if abdo RT	If chest or neck RT: TSH Q1y and thyroid US Q3-5y	If lung RT or surgery. Continue Q2y if abnorm	Baseline age 11 y if CED ≥4 or clinical concerns. Rpt Q1y		

^CED: Cyclophosphamide Equivalence Dose (see over)

<p>Further Surveillance</p> <p>Semen Analysis Anti-Mullerian Hormone</p> <p>Breast MRI and Mammogram Colonoscopy or stool test</p>	<p>From age 18y in males if moderate or high risk</p> <p>From age 12y in females if CED ≥ 6 g/m² or pelvic RT; or earlier if clinical concerns. Rpt Q2-3y if normal. Refer to Pediatric Gynecology if abnormal</p> <p>From later of age 25y or 8y after exposure if chest RT</p> <p>From later of age 30y or 5y after exposure to abdominal RT</p>
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Cardiac Surveillance Guidelines (BC)

Anthracycline Dose*	Radiation Dose**	Recommended Frequency of Echo***
<100 mg/m ²	< 15 Gy	No screening
<100 mg/m ²	15 Gy to < 30 Gy	Every 5 years
≥ 100 mg/m ² to <250 mg/m ²	<15 gy	Every 5 years
≥ 100 mg/m ² to <250 mg/m ²	>15 Gy	Every 2 years
Any	> 30 Gy	Every 2 years
≥250 mg/m ²	Any	Every 2 years

*Based on total doses of doxorubicin or the equivalent doses of other anthracyclines

**Based on radiation dose with potential impact to heart (radiation to chest, abdomen, spine [thoracic, whole], total body [TBI]) COG LTFU Guidelines version 6.0 (Oct 2023)

***Consider increased frequency if known high risk genetic variant for anthracycline toxicity

Anthracycline Equivalent Dose

Agent	Correction factor
Doxorubicin	1.0
Daunorubicin	0.5
Epirubicin	0.67
Mitoxantrone	10.0
Idarubicin	5.0

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Risk of Prolonged Oligospermia or Azoospermia

Agent	Possible Risk	High Risk
Cyclophosphamide	> 4g/m ²	> 7.5 g/m ²
Busulphan		> 600 mg/m ²
Melphalan		> 140 mg/m ²
Ifosfamide	> 42 g/m ²	> 60 g/m ²
Procarbazine	> 3 g/m ²	> 4 g/m ²
Chlorambucil		> 1.4 g/m ²
BCNU	> 300 mg/m ²	> 1 g/m ²
CCNU		> 500 mg/m ²
Cisplatin	> 300 mg/m ²	> 600 mg/m ²
Testicular RT dose	> 200 cGy	> 1200 cGy

*Lower doses are still possible risk

1. Green J Clin Oncol 2010;28:332-9
2. Meistrich Pediatr Blood Cancer 2009;53:261-6
3. Wyns Human Reprod Update 2010;16(3):312-328

Risk of Premature Ovarian Insufficiency or Infertility

Agent	Possible Risk	High Risk	Ref
CED	> 4 g/m ²	> 8 g/m ²	1
Procarbazine	> 2 g/m ²	> 4 g/m ²	2
Cisplatin	> 300 mg/m ²		3
Dactinomycin	>12.2 mg/m ²		4
Ovarian RT dose*	> 100 cGy	> 1000 cGy	5

*Age dependent (see nomogram⁵)

^Bevacizumab can cause ovarian failure; possibly acute and transient only⁶

1. Green Pediatr Blood Cancer 2014;61(1):53-67
2. Van der Kaaji J Clin Oncol 2012;30(3):291-299
3. Solheim Gyne Oncol 2015;136(2):224-229
4. Van Den Berg Hum Reprod 2018; 33(8):1474-1488
5. Wallace Int J Radiat Oncol;62(3):738-744
6. Imai Molec Clin Oncol 2017;6:807-810

Cyclophosphamide Equivalent Dose (CED)

Agent	Correction factor
Cyclophosphamide	1.0
Ifosfamide	0.244
Procarbazine	0.857
Chlorambucil	14.286
BCNU	15
CCNU	16
Melphalan	40
Thiotepa	50
Nitrogen Mustard	100
Busulphan	8.823

Green Pediatr Blood Ca 2014;61:53-67