#### Welcome

Welcome to the Multi-Disciplinary Clinic (MDC)!

There has been significant progress in treating children with brain tumors and many survivors can expect to have a normal life span. Why then do we keep seeing survivors in clinic after their treatment is complete? Most people think it is to check that the tumor is not growing or coming back. This is true for the beginning of follow-up. However as time passes, the focus of the visits changes from checking for recurrence to thinking about and monitoring for any possible long term problems that may have been caused by the treatment.

In our clinic we try to involve multiple specialists who may have been involved in your child's care, including all 3 of our neuro-oncologists, our neurosurgeon, the radiation oncologist, the long term follow up nurse, as well as our neuropsychologist. Your child may be seen and examined by any of the doctors or sometimes by a fellow (doctor completing specialty training in neuro-oncology). The benefit of being seen this way is that all patients will then get

reviewed in a follow up meeting held with your child's attending doctor and the other specialists. This allows us to access the expertise and resources of the different doctors and specialists in order to provide the best care for your child.

You will continue to be seen in the Multi-Disciplinary Clinic for years after treatment. This will likely continue until your child is around 18-21 years of age, or at a point we feel they could benefit from the resources of the Late Effects, Assessment and Follow-Up Clinic (LEAF Clinic) at the BC Cancer Agency.

# Your Long Term Follow-Up Team

## **Nurse Clinician:**

Paul Viveiros – Cares for patients who have had brain tumors once they are 2 years off treatment and until they are ready to be transitioned to adult care. His office hours are Tuesdays, Thursdays and alternating Wednesdays from 8-4.

# **Booking clerk:**

Varsha Reddy – Books your child's appointments and coordinates them with other departments that your child may have appointments with.

### **Appointments**

Multi-Disciplinary Clinics (MDC) are currently held 5 times a year generally on the second Thursday of February, April, June, September, and November from 9am to 11am.

In general, you will be notified of your child's appointment(s) about 1 or 2 months prior to the booked time.

It is very difficult to reschedule appointments due to the limited number of spaces available for the MDC, as well as it is difficult for patients to be seen outside of these clinic days. Please make every effort to keep your appointments. We will do our very best to have MRI's and other appointments scheduled within a day or two of MDC for those from out of town.

Please call 604-875-2345 Ext 7096 to confirm, cancel or reschedule your appointment (Toll-free at 1-888-300-3088 Ext 7096)

## Where do I go?

You will still check in at the Long Term Follow-Up desk in the regular outpatient Oncology Clinic first. At this time, you will be given any necessary paperwork.

Once any testing ordered by the Oncologist is complete (ie. Bloodwork, MRI etc...), you will head over to the Long Term Follow-Up area (unless you are directed otherwise). This is in the Ambulatory Care Building (Module 7).

When you arrive at Module 7, you will sign in on the board and have a seat. The followup nurse will then bring you in for an assessment before seeing your Oncologist.

#### **Contact Information:**

**Long Term Follow Up Nurse Clinician** 

**Paul Viveiros** 

Phone: 604-875-3578

Email: paul.viveiros@cw.bc.ca

**Long Term Follow Up Booking Clerk** 

Varsha Reddy

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**Provincial Health Services Authority** 

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Clinic (MDC)

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