

School Checklist (Optional)
**Schools Requesting a Nursing Support Services (NSS)
Seizure Rescue Intervention Training Session**

Before completing the NSS Training Request Form for Seizure Rescue Intervention Training:

- 1. Ensure that the Seizure Action Plan and Medical Alert Information (SAP) form is **fully completed** and available at the school:
 - PART 1 – Parent/guardian completes
 - PART 2 – Parent/guardian and school complete
 - PART 3 – Physician completes
 - PART 4 – Parent/guardian completes
 - Appendix A – Parent/guardian completes
 - Seizure Log – this section does not get filled in now. The non-medical school staff in the event of a seizure will complete it and/or if the student receives a seizure rescue intervention at school
- 2. Determine which non-medical school staff will be trained to provide the student's seizure rescue intervention(s).
- 3. Work with parents/guardians to coordinate an information sharing session with the non-medical school staff who will be administering the rescue medication. Attendance should also include the school administrator and/or case manager.

Please note: This session should be completed with the parent/guardian prior to the NSS training session. Seizure rescue medication can only be administered in the school setting after completion of the SAP, information sharing session, and NSS training.

- 4. Once all of the above steps are done, complete and submit the [Nursing Support Services Training Request Form for Seizure Rescue Intervention Training](#). During the NSS training, the non-medical school staff who attended the information session with the parent/guardian will receive training in how to administer the student's specific seizure rescue intervention(s).

Before completing/submitting the request for NSS training, consider the following below. You will need to enter the reason for the training on the Request for Seizure Rescue Intervention Training Form in order for NSS Central Intake to confirm request, and to help facilitate the prioritization of multiple requests within each health authority.

Only request NSS training for the following:

- ✓ new/initial student for whom NSS has not yet trained any non-medical school staff
- ✓ refresher for already trained non-medical school staff (if required); date of last training; reason for refresher (e.g. non-medical school staff expressing need for a repeat training session)
- ✓ a change in student's rescue intervention/medication
- ✓ a change in route of midazolam administration (i.e. buccal to intranasal, or intranasal to buccal)
- ✓ a significant change in non-medical school staff working with student; number of staff trained for student to date; number of staff no longer working with student; number of new staff requiring training

NSS training **is not required** for the following as these are topics that the parent/guardian would review in an information sharing session with the student's school-based team:

- ✗ Changes in student's seizure presentation, triggers, post seizure care, child's response to intervention(s), when to call 911 or parents
- ✗ A change in the medication dose (i.e. a different number of tablets or different mark on the syringe)

Before the NSS Training Session:

1. Ensure all staff who will be attending the NSS Seizure Rescue Intervention Training have completed the [Seizure Rescue Intervention for Non-Medical School Staff](#) module on the Learning Hub ([Sign-Up Instructions](#)).

Please note: A certificate of completion for the school staff will be available for printing/saving once they complete the module. Only school staff who have completed the module will be able to attend NSS training. If the NSS coordinator arrives to provide training and the school staff have not completed the module, the NSS coordinator may have to reschedule for a future date.

2. Hold the information sharing session with the student's parent/guardian. During this session, review:
- the student's SAP.
 - the student's specific seizure behaviours.
 - when to provide the seizure rescue intervention(s).
 - how the student usually behaves after a seizure.
 - how the student usually responds to the seizure rescue intervention(s).
 - the student's specific rescue intervention(s) and dosage.
 - when to call parent/guardian and 911.
3. Ensure that the student's rescue intervention(s) and supplies are available at the school. Outside of school hours, medication should be in a locked location.
- **Lorazepam (Ativan) sublingual tablet(s)** must be in a pharmacy labeled container/package with the student's name, the medication name, dosage, route of administration, indication for use, and expiry date.
 - **Midazolam** must be in a pharmacy labeled vial with the student's name, the medication name, medication concentration (must be 5mg/ml), dosage, route of administration, indication for use, and expiry date, and:
 - a 3 ml luer-lock syringe (no other size or type is acceptable) marked with the appropriate dosage (number of mls) prescribed for the student.
 - a blunt needle to withdraw the medication from the midazolam vial.
 - a nasal atomizer (for intranasal administration).
 - **Vagus Nerve Stimulator (VNS)** - the student's magnet.
4. Reach out to your local [Public Health Nurse](#) and/or [Epilepsy BC](#) to determine if they are able to provide general training on epilepsy, seizure first aid, and seizure safety to your school staff. Please note that this may not be available in all areas of the province.
5. Parent/guardians are encouraged to attend the NSS training session, so please let them know when the session will occur.

Please note: Non-medical school staff will not be able to provide the student's specific seizure rescue intervention(s) until they have attended both:

1. The parent/guardian information sharing session. This should occur in advance of the NSS training session.
2. The NSS training session during which the non-medical school staff will learn how to provide the student's specific seizure rescue intervention(s).

Until these steps have been completed, non-medical school staff who have previously been trained in seizure first aid (through a Public Health Nurse or Epilepsy BC, for example) and who have been to the information sharing session with the parent/guardian, may be able to provide basic seizure first aid as per the student's SAP, based on school district policies/directives.