# Your CDBC Appointment: Case Manager & Physician



Appointment Booking

Case Manager Appointment Physician Assessment

**Next Steps** 

### Who is a CDBC Physician?

A medical doctor with knowledge and expertise in developmental and behavioural conditions in children and youth. Trainees may also be participating in the assessment.

#### Who is a CDBC Case Manager?

A nurse who helps to coordinate your child's /youth's care through their CDBC assessment process; a point of contact throughout the assessment process.

#### Who should come to this appointment?

• The child and legal guardian. Immediate caregivers may wish to attend the appointment.

### What will the appointment involve?

- The appointment will include an interview with parents and the child/youth, as well as possible
  assessments related to thinking, learning, and behaviour. Medical history and physical
  examination will be included.
- A review of the need for additional assessment through CDBC or other appropriate assessments

### What should I bring to the assessment?

Any documents requested by your case manager.

## How long will the assessment take?

Up to 30 minutes with the Case Manager and 90 minutes with the Physician.

### What happens after the appointment?

- Find the medical report at www.myehealth.ca when your access code arrives in the mail.
- Please contact 604-453-8313 and ask for your CDBC Case Manager with any questions.