

Adolescent Health Clinic V2-203 Clinical Support Building 950 West 28<sup>th</sup> Avenue Vancouver, BC V5Z 4H4 Phone: 604-875-3472 Fax: 604-875-3958

## **Adolescent Health Clinic Referral Form**

<u>Helpful information about the clinic</u>: The team consist of a group of adolescent medicine pediatricians and a nurse. Patients **12-18 years** are seen for **non-urgent** services. The team can help provide consultation and recommendations using a **holistic**, **youth-centred** approach. This clinic does not have psychiatry, counselling, psychotherapy, social work, physiotherapy, or dietician services.

We only accept referrals from pediatricians, pediatric subspecialty NP's, and psychiatrists. If you are a primary care provider, please consider referring your patient to a general pediatrician first.

We <u>do not</u> accept referrals for isolated mental health or substance use without a chronic health condition (consider consulting with BC Children's Hospital Compass Team <u>https://compassbc.ca</u>), sexual health issues alone, primary eating disorders (please refer to regional secondary eating disorder services), or for emergency and/or crisis situations.

For more information, please see: http://www.bcchildrens.ca/our-services/clinics/adolescent-health

## **Patient Information**

Last name:		First name:	
Preferred name:		-	
Gender:	Sex assigned at birth		Pronouns
DOB:	PHN:		MRN:
Address:			
Parent/guardian name	:		
Parent/guardian phon	e number:		
Interpreter Required:	□ Yes □ No Language:		
Is this a referral for (MARS-A) only 🗆 Bo		Mindfulness Awarene	ess and Resiliency Skills for Adolescents
Is the patient aware ar	d agreeable to this referral?	🗆 Yes 🗆 No	
Are Parents/ Guardian	s aware of this referral?	🗆 Yes 🗆 No	
	ed to book the appointment? number: Ok to leave a message		_ □ Ok to leave a message
<u>Referring Provider I</u>	<u>iformation</u>		
Referring Provider:		_ Designation/ Dept	t:
Phone:	Fax:		Referral Date:
*Please complete refer	ral information on the next pag	e. Thank you for the	referral. Incomplete referrals will be

returned for completion.

\*Our clinic will contact the patient/family directly with appointment information

## **Eligibility criteria and referral information. Please check all that apply:**

**AND** (at least one of the following):

Mental Health Concerns (please describe):

□ Functional Impairment (check all that apply) □ School □ Home/family □Peers □Activities of Daily Living Please explain:

□ Complex sexual health concerns that cannot be dealt with in primary care and/or a local Sexual Health Youth Clinic: \_\_\_\_\_\_

□ Complex patient needing support regarding transition to adult health care (describe how you think Adolescent Medicine can support this):

Other helpful information (attach additional sheets or documents as needed): \_\_\_\_\_

Please list those already involved. Please include when a referral has been made and services are pending:

Care Provider	Name and/or Location	Phone Number
Primary Care Provider		
Foundry		
Regional Eating Disorders Team		
Mental Health Team (CYMH, other)		
Counsellor/Therapist, School Counsellor		
Psychiatrist		
Social Worker (MCFD, CYSN, Delegated Aboriginal Agency, etc.)		
Indigenous Support		
Youth Worker, Outreach Worker, Youth-serving agency, etc.		