



## ARE YOU STRUGGLING WITH THE 'TEEN YEARS'? PARENTS AND TEENS NEEDED FOR A RANDOMIZED TREATMENT TRIAL

Teen years can be stressful for parents and youth. Some teens can become involved in serious problem behaviours such as running away from home, skipping school, hanging out with friends who get in trouble, theft, threatening others and more. Parents and youth aged 10-16 years are needed for a new study that evaluates the effectiveness of an innovative program that focuses on strengthening parent-teen attachment as a way to reduce problem behaviour in teens. Parents or alternative caregivers are invited to participate in a clinical trial where they will be randomly assigned to receive this intervention or to receive educational information on parenting challenging teens.

This is a Simon Fraser University clinical trial funded by the Canadian Institutes of Health Research (CIHR) and conducted by Dr. Marlene Moretti and a team of researchers from SFU, UBC and University of California -Irvine. Parents of **teens with serious behaviour problems** who are interested in finding out more about the study are invited to contact the study coordinator at: (778) 782-4956. Parents who call to learn more are not obligated to participate. The choice to participate



SIMON FRASER UNIVERSITY  
THINKING OF THE WORLD



CHILDREN'S & WOMEN'S HEALTH  
CENTRE OF BRITISH COLUMBIA

*An agency of the Provincial Health Services Authority (PHSA)*

can be made after receiving all the study details. All responses are kept completely confidential. **An honorarium of \$25.00 will be provided** to all study participants (including both parents and their teen) at five time points for completing brief questionnaires while they are in the study.

**For more information, please contact:**

**Dr. Roseann Larstone**  
**Department of Psychology**  
**Simon Fraser University**  
**Burnaby, B.C. V5A 1S6**

**Telephone: 778.782.4956 (Toll-free)**  
**Electronic mail: [roseann\\_larstone@sfu.ca](mailto:roseann_larstone@sfu.ca)**