

BOLUS CALCULATION WORKSHEET

Step 1: Insulin to correct high blood glucose (correction bolus)

Current BG		Target BG	=	Correction bolus
<input style="width: 80px; height: 60px;" type="text"/>	-	<input style="width: 80px; height: 60px;" type="text"/>		
_____				=
<input style="width: 100px; height: 60px;" type="text"/>				<input style="width: 80px; height: 60px; background-color: #f08080;" type="text"/>
ISF				units

Step 2: Insulin for food to be eaten (food bolus)

Carbs in meal				
<input style="width: 80px; height: 60px;" type="text"/>				
_____				=
<input style="width: 100px; height: 60px;" type="text"/>				<input style="width: 80px; height: 60px; background-color: #add8e6;" type="text"/>
Carb ratio				units

Step 3: Add together for total bolus dose

Correction bolus	+	Food Bolus	=	Total bolus
<input style="width: 80px; height: 60px; background-color: #f08080;" type="text"/>	+	<input style="width: 80px; height: 60px; background-color: #add8e6;" type="text"/>	=	<input style="width: 80px; height: 60px; background-color: #90ee90;" type="text"/>
				units