

COVID-19 VACCINE

Many of our endocrine and diabetes patients and families have been asking if it is OK for them to get the COVID-19 vaccine. You may have the same question.

We strongly encourage all kids 12 and above to have the COVID vaccine, as recommended by Health Canada and the BC Centre for Disease Control. This includes children with autoimmune endocrine diseases, including type 1 diabetes, Hashimoto thyroiditis (hypothyroidism), Graves disease (hyperthyroidism), and Addison disease (adrenal insufficiency). The only exception would be the tiny number of kids who are also getting chemotherapy.

We will also recommend the COVID vaccine for all children 6-12 years of age, once it becomes available for them in late 2021-2022.

For the most complete up-to-date Canadian information, please consult the following websites:

BC Centre for Disease Control:

<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/covid-19-vaccine/vaccine-considerations#children>

HealthLink BC:

<https://www.healthlinkbc.ca/healthlinkbc-files/covid-19-vaccines>

BC Children's Hospital:

<http://www.bcchildrens.ca/health-info/covid-19-and-children-information-for-patients>