

**ENDOCRINOLOGY & DIABETES UNIT**

Endocrine Clinic

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<http://endodiab.bcchildrens.ca>



DATE: \_\_\_\_\_

**TRANSITION 2: FOSTER INTERDEPENDENCE  
BETWEEN YOUTH, PARENTS AND HEALTH CARE PROFESSIONALS  
Grades 8-10, 14-15 Years of Age, Youth Focus**

**ASSESSMENT (changes):**

Family members; primary caregiver(s); pets: \_\_\_\_\_

School, sports, job, interests: \_\_\_\_\_

Diagnostic information, significant interventions: \_\_\_\_\_

Understanding (disclosure plan) and participation in health care: \_\_\_\_\_

Other non-endocrine health issues: \_\_\_\_\_

**TOPICS FOR REVIEW:**

**SUMMARY/NEEDS:**

1. \_\_\_\_\_ Youth's questions and concerns about the condition.
2. \_\_\_\_\_ Condition, management, options, risk-taking.
3. \_\_\_\_\_ Self-care skills, changes in responsibility.
4. \_\_\_\_\_ Plan for managing emergencies.
5. \_\_\_\_\_ Sexual health: relationships, fertility, genetics.
6. \_\_\_\_\_ Sources for further information.
7. \_\_\_\_\_ Receive appropriate handouts.
8. \_\_\_\_\_ Clarify parental concerns.

Plan for follow-up: \_\_\_\_\_

Date: \_\_\_\_\_ RN Signature: \_\_\_\_\_