



BCCH GENDER CLINIC REFERRAL FORM

We look forward to supporting your patient. Here are some important points to know:

- We only accept referrals for patients **before their 17th birthday**. If you would like to discuss a specific case, please call our team.
- Most patients will initially be offered an **intake appointment with a nurse and/or social worker**. This appointment is focused on supporting the youth and family, providing guidance on possible next steps and sharing resources.
- Some youth may be ready for a medical appointment to discuss starting puberty blockers or hormones. We will determine this once we have reviewed the referral.
- We are not a mental health clinic. We cannot respond to mental health crises.

REQUIRED INFORMATION IS MARKED WITH A * – IF LEFT BLANK, THE REFERRAL MAY BE RETURNED.

Date of referral: _____ (YYYY/MM/DD)
 Referring MD/NP: _____ MSP#: _____
 MD/NP phone: _____ MD/NP fax: _____
 *Who should we contact to arrange appointments? guardian youth other: _____

CHILD'S/YOUTH'S INFORMATION:

*Legal first name: _____ *Legal last name: _____
 Chosen name: _____ *Date of birth: _____ (YYYY/MM/DD)
 Gender identity: male female non-binary other: _____
 Pronouns used: he/him she/her they/them other: _____
 *PHN: _____ *Sex assigned at birth: male female
 Youth's cell phone[†]: _____ Youth's email[†]: _____
[†]note: if email is provided, this means that you have obtained consent for us to contact the youth by email
 *Youth's home address: _____

Puberty status: The following information helps us triage – any information provided is helpful.

Natal female puberty:

breast growth: yes no
 menstruating: yes no. If "yes", for approximately how long? _____

Natal male puberty:

testicular/penile growth: yes no

voice change: yes no

If your patient is seeking medical treatment (puberty blockers/hormones), a readiness assessment must be completed by a trans-competent mental health assessor prior to starting treatment. Patients without assessments will still be seen for an intake appointment, and we can help direct them to an assessor, if needed.

Is your patient seeing or waitlisted to see a mental health assessor? yes no unsure

If "yes", please provide assessor's name and contact information (if available):

If "no", would you like our assistance in helping your patient find an assessor prior to their intake appointment? yes no

FAMILY INFORMATION:

*Are parents/guardians aware of this referral?[¶] yes no

[¶]note: youth do not always want their parents/guardians to be informed of their visits to our clinic

Parent(s)/guardian's name(s): _____

*Parent/guardian phone[‡]: _____ OK to leave a message? yes no

Parent/guardian email[‡]: _____

[‡]note: if email is provided, this means that you have obtained consent for us to contact the family by email

Is this child/youth in Ministry (MCFD) care? yes no.

If "yes", name of worker: _____

Interpreter required? yes no. If "yes", for which language: _____

IMPORTANT: Please be sure to include all pertinent reports with your referral. We will contact the family directly with the appointment time.

Reason for referral:
