



## BCCH GENDER CLINIC REFERRAL FORM

We look forward to supporting your patient. Here are some important points to know:

- We only accept referrals for patients **before their 17<sup>th</sup> birthday**. If you would like to discuss a specific case, please call our team.
- Most patients will initially be offered an **intake appointment with a nurse and/or social worker**. This appointment is focused on supporting the youth and family, providing guidance on possible next steps and sharing resources.
- Some youth may be ready for a medical appointment to discuss starting puberty blockers or hormones. We will determine this once we have reviewed the referral.
- We are not a mental health clinic. We cannot respond to mental health crises.

**REQUIRED INFORMATION IS MARKED WITH A \* – IF LEFT BLANK, THE REFERRAL MAY BE RETURNED.**

Date of referral: \_\_\_\_\_ (YYYY/MM/DD)  
 Referring MD/NP: \_\_\_\_\_ MSP#: \_\_\_\_\_  
 MD/NP phone: \_\_\_\_\_ MD/NP fax: \_\_\_\_\_  
 \*Who should we contact to arrange appointments?  guardian  youth  other: \_\_\_\_\_

**CHILD'S/YOUTH'S INFORMATION:**

\*Legal first name: \_\_\_\_\_ \*Legal last name: \_\_\_\_\_  
 Chosen name: \_\_\_\_\_ \*Date of birth: \_\_\_\_\_ (YYYY/MM/DD)  
 Gender identity:  male  female  non-binary  other: \_\_\_\_\_  
 Pronouns used:  he/him  she/her  they/them  other: \_\_\_\_\_  
 \*PHN: \_\_\_\_\_ \*Sex assigned at birth:  male  female  
 Youth's cell phone<sup>†</sup>: \_\_\_\_\_ Youth's email<sup>†</sup>: \_\_\_\_\_

<sup>†</sup>note: if email is provided, this means that you have obtained consent for us to contact the youth by email

\*Youth's home address: \_\_\_\_\_

Puberty status: The following information helps us triage – any information provided is helpful.

Natal female puberty:  
 breast growth:  yes  no  
 menstruating:  yes  no. If "yes", for approximately how long? \_\_\_\_\_

Natal male puberty:

testicular/penile growth:  yes  no

voice change:  yes  no

If your patient is seeking medical treatment (puberty blockers/hormones), a readiness assessment must be completed by a trans-competent mental health assessor prior to starting treatment. Patients without assessments will still be seen for an intake appointment, and we can help direct them to an assessor, if needed.

Is your patient seeing or waitlisted to see a mental health assessor?  yes  no  unsure

If "yes", please provide assessor's name and contact information (if available):

---

If "no", would you like our assistance in helping your patient find an assessor prior to their intake appointment?  yes  no

**FAMILY INFORMATION:**

\*Are parents/guardians aware of this referral?<sup>¶</sup>  yes  no

<sup>¶</sup>note: youth do not always want their parents/guardians to be informed of their visits to our clinic

Parent(s)/guardian's name(s): \_\_\_\_\_

\*Parent/guardian phone<sup>‡</sup>: \_\_\_\_\_ OK to leave a message?  yes  no

Parent/guardian email<sup>‡</sup>: \_\_\_\_\_

<sup>‡</sup>note: if email is provided, this means that you have obtained consent for us to contact the family by email

Is this child/youth in Ministry (MCFD) care?  yes  no.

If "yes", name of worker: \_\_\_\_\_

Interpreter required?  yes  no. If "yes", for which language: \_\_\_\_\_

**IMPORTANT:** Please be sure to include all pertinent reports with your referral. We will contact the family directly with the appointment time.

Reason for referral:
----------------------