



ENDOCRINOLOGY & DIABETES UNIT

INSULIN DOSAGE FOR MDI

LONG-ACTING INSULIN DOSE
Levemir / Lantus / Toujeo / Basaglar

Breakfast	Lunch	Supper	Bedtime

SHORT-ACTING INSULIN DOSE
Humalog / NovoRapid / Apidra

Blood sugar	Breakfast	Lunch	Supper	Bedtime

USUAL MEAL CARBS:	grams	grams	grams	grams
INSULIN/CARB RATIO:				

CORRECTION FACTOR:	1 unit insulin lowers blood glucose by mmol/L
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Physician: _____

Date: _____