

## LUPRON DEPOT® INJECTION INSTRUCTIONS FOR HEALTHCARE PROVIDERS

Our mutual patient, \_\_\_\_\_ has been prescribed:

Lupron Depot® \_\_\_\_\_ mg every \_\_\_\_\_ weeks

The first injection was given on \_\_\_\_\_.

### Mixing the Medication:

1. Perform hand hygiene.
2. Remove 23-G 2" needle (comes with kit, and is larger than is necessary).
3. Attach a 23-G 1" needle.
4. Screw plunger into stopper at bottom of syringe until stopper begins to turn.

\*\*\* Keep the syringe UPRIGHT for steps 5-7. \*\*\*

5. Slowly push the plunger until first stopper is at the blue line.
6. Gently mix the medication by rolling syringe between hands or tapping gently on a hard surface, ensuring it is kept upright. **DO NOT SHAKE.**
7. Once the medication is fully mixed (1-2 minutes), slowly push the plunger until all air is expelled and needle is primed.
8. You can then set down the medication if needed.

### Giving the Medication:

1. Remove EMLA® cream if previously applied.
2. Please inject into the vastus lateralis, as future doses will be >1 mL, and the deltoid will no longer be appropriate.
3. Inject entire contents of the medication IM.
4. Wait a few seconds before removing needle, to prevent leakage of medication out of the site.
5. The safety lock will not fit the 1" needle, carefully dispose of needle in sharps bin.

### Calendar:

- If this is the first injection, please fill out the patient's calendar provided by the family, by circling today's date, then every \_\_\_\_\_ weeks to the day (i.e. Monday to Monday).
- The medication should be given on **scheduled date** ± 1-2 days for the monthly version, and ± 1 week for the 3-monthly version.

### Video Demonstration of Mixing Lupron:



[https://players.brightcove.net/1029485116001/default\\_default/index.html?videoId=6144662066001](https://players.brightcove.net/1029485116001/default_default/index.html?videoId=6144662066001)