



# ENDOCRINOLOGY & DIABETES UNIT

Diabetes Clinic: 604-875-2868

Toll-free Phone: 1-888-300-3088, x2868

Fax: 604-875-3231

<http://endodiab.bcchildrens.ca>

may be emailed to [dcnurse@cw.bc.ca](mailto:dcnurse@cw.bc.ca)

## BLOOD GLUCOSE LOG FOR MDI

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Long-acting: <input type="checkbox"/> Lantus <input type="checkbox"/> Basaglar <input type="checkbox"/> Levemir <input type="checkbox"/> Toujeo <input type="checkbox"/> Tresiba				Rapid-acting: <input type="checkbox"/> Humalog <input type="checkbox"/> NovoRapid <input type="checkbox"/> Apidra <input type="checkbox"/> Fiasp			
Dose #1		Time #1		Insulin/carbohydrate ratio: 1 unit covers _____ grams carb			
Dose #2		Time #2		Insulin sensitivity factor: 1 unit lowers BG by _____ mmol/L			

Date:	12A	1A	3A	5A	7A	8A	9A	10A	11A	12N	1P	2P	3P	4P	5P	6P	7P	8P	9P	10P	11P	
Glucose (BG)																						
Carbs in food (g)																						
Food bolus																						
Correction bolus																						

Notes: (exercise, stress, illness, low blood sugar & treatment, specific foods/carbs)

Date:	12A	1A	3A	5A	7A	8A	9A	10A	11A	12N	1P	2P	3P	4P	5P	6P	7P	8P	9P	10P	11P	
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