

# ENDOCRINOLOGY & DIABETES UNIT

Diabetes Clinic: 604-875-2868  
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 Fax: 604-875-3231  
<http://endodiab.bcchildrens.ca>  
 may be emailed to [dcnurse@cw.bc.ca](mailto:dcnurse@cw.bc.ca)



## BLOOD GLUCOSE LOG FOR MDI

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Long-acting insulin: <input type="checkbox"/> Lantus <input type="checkbox"/> Basaglar <input type="checkbox"/> Levemir				Rapid-acting insulin: <input type="checkbox"/> Humalog <input type="checkbox"/> NovoRapid <input type="checkbox"/> Apidra			
Dose #1		Time #1		Insulin/carbohydrate ratio: 1 unit covers _____ grams carb			
Dose #2		Time #2		Insulin sensitivity factor: 1 unit lowers BG by _____ mmol/L			

Date:	12A	1A	3A	5A	7A	8A	9A	10A	11A	12N	1P	2P	3P	4P	5P	6P	7P	8P	9P	10P	11P	
Glucose (BG)																						
Carbs (grams)																						
Meal bolus																						
Correction bolus																						

Notes: (exercise, stress, illness, low blood sugar & treatment, specific foods/carbs)

Date:	12A	1A	3A	5A	7A	8A	9A	10A	11A	12N	1P	2P	3P	4P	5P	6P	7P	8P	9P	10P	11P	
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