



ENDOCRINOLOGY & DIABETES UNIT

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BLOOD GLUCOSE LOG FOR NEW PATIENTS ON MDI

(for use until first clinic follow-up appointment)

Patient: _____ Contact Name: _____

Date of Birth: _____ Date of Diagnosis: _____

Phone: _____ E-mail: _____

Long-Acting Insulin: <input type="checkbox"/> Lantus <input type="checkbox"/> Basaglar <input type="checkbox"/> Levemir				Rapid-Acting Insulin: <input type="checkbox"/> Humalog <input type="checkbox"/> NovoRapid <input type="checkbox"/> Apidra			
Dose #1		Time #1		Insulin/carbohydrate ratio: 1 unit covers _____ grams carb			
Dose #2		Time #2		Insulin sensitivity factor: 1 unit lowers BG by _____ mmol/L			

Date:	12A	1A	3A	5A	7A	8A	9A	10A	11A	12N	1P	2P	3P	4P	5P	6P	7P	8P	9P	10P	11P	
Glucose (BG)																						
Carbs in food (g)																						
Food bolus																						
Correction bolus																						

Notes: (Exercise, stress, illness, low blood sugar & treatment, specific foods/CHO)

Date:	12A	1A	3A	5A	7A	8A	9A	10A	11A	12N	1P	2P	3P	4P	5P	6P	7P	8P	9P	10P	11P	
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