

SETTING UP YOUR DEXCOM® G7 FOR ENDOCRINE PATIENTS

Congratulations on getting the Dexcom® G7 sensor. Here are a few things to help you maximize the information you will now be receiving:

- Your sensor can be worn on your arm, abdomen, or upper buttocks area for up to 10 days (with a 12-hour grace period). Check with your team for best placement for your child.
- The warmup time is 30 minutes, and you can place a new sensor on 30 minutes prior to the old sensor expiring and activate the new one as soon as the old one expires.
- The sensor has trend arrows and customizable low and high alerts. Different alert settings can be set for different times (e.g. school days).
- You can use the Dexcom® sensor with either a smartphone or a receiver. You will need to install the Dexcom G7® and Dexcom Clarity apps.
- You can share data with up to 5 people using the Dexcom® Follow app. If the G7® app is on a child's phone, they will need to have data or Wi-Fi on that phone to share.

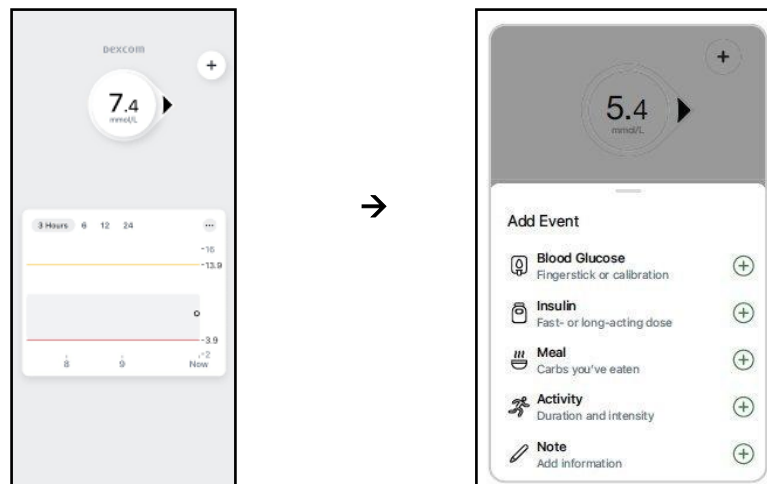
Getting started: visit <https://www.dexcom.com/en-ca/learn/get-started-g7>.

Suggested start settings: (these should be set so an action can be taken, and the alert levels can be adjusted as you become more used to the alarms)

- Low alert: between 3.3-3.5 mmol/L; snooze 30 minutes
- High alert: 15 mmol/L; snooze 120 minutes

You can enter carbohydrates/meals, medication, low treatment, and notes into the Dexcom® app, to help you and your health care team make informed adjustments.

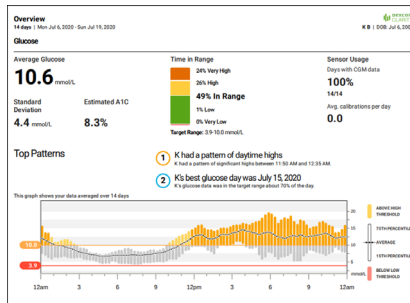
Click on + Sign Upper Right → Click on Meal/Activity etc.



Setting Up Your Dexcom® G7 for Endocrine Patients (continued)

To review your data:

- Set up a Dexcom Clarity® account: <https://clarity.dexcom.eu/> or install the Clarity® app.
- The username and password are the same as your Dexcom G7® account.
- To look up and interpret your reports, view the [Dexcom Clarity® User Guide](#).



This is also very useful for your healthcare team and should be uploaded prior to your appointments. **Regular review** of this information is required to help maximize the benefits of this technology.

To share your data with the clinic:

You will need a sharing code from the clinic.

The primary phone needs to set this feature up.

- Tap "Profile".
- Tap "Manage Data Sharing".
- Enter the BCCH Diabetes Clinic sharing code: **bcchdiab**.
- Tap "Confirm" to confirm the clinic information.

[Profile](#) [Profile](#)

Enter clinic code

Enter the clinic code to begin sharing CGM data.

Clinic code

[Continue](#)

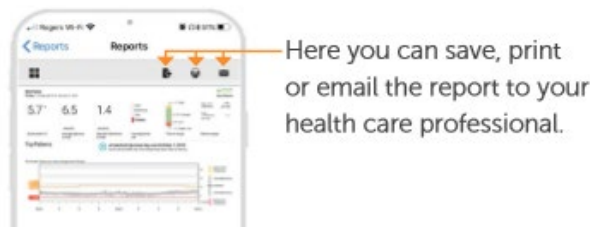
Ask your clinic for their clinic code.

Confirm clinic

BC Children's Hospital
4480 Oak Street, Room K4-203
Vancouver, BC V6H 3V4
CA

[Confirm](#) [Cancel](#)

You can **email** your information to your Endocrine team at BCCHEndocrineNurse@cw.bc.ca.



If you have technical/product support questions, please visit: www.dexcom.com/en-ca/contact-us.

Customer Service: 1-844-832-1810 (Option 1) or email CA.Accounts@Dexcom.com

Insurance Support: 1-844-832-1810 (Option 2) or email CA.Sales@Dexcom.com

Technical Support: 1-844-832-1810 (Option 3)

Dexcom Care Training and Support New Dexcom Users: 1-844-832-1810 (Option 4)

Email ca-training@dexcom.com