

ENDOCRINOLOGY & DIABETES UNIT



Endocrine and Gender Clinics
Phone: 604-875-2345 x6550
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Fax: 604-875-2426
<http://endodiab.bcchildrens.ca>

DATE: _____

SC TESTOSTERONE INJECTIONS: INSTRUCTIONS FOR HCPs

This patient's physician at the Gender Clinic has prescribed subcutaneous (SC) injections of testosterone.

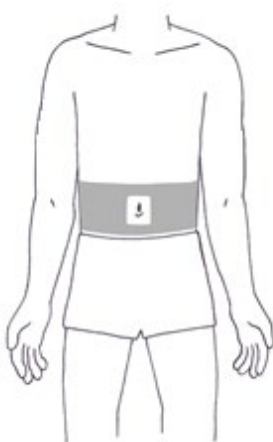
The patient has been prescribed:

- Testosterone enanthate (200 mg/mL, 5-mL vials)
- Testosterone cypionate (Taro-Testosterone Cypionate or Depo-Testosterone®, 100 mg/mL, 10-mL vials)

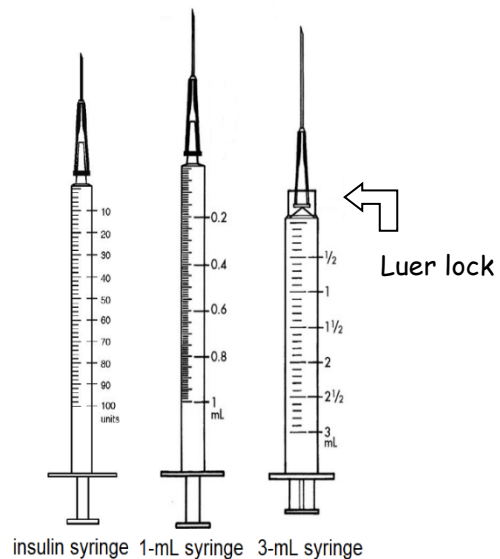
Testosterone is a sesame- or cottonseed-oil suspension and is quite viscous. It should be injected at room temperature. You may require a larger-bore needle to draw up the medication into a syringe. The injections are best given in the abdomen (although can also be administered into the upper arms or outer thighs). It is important to rotate the sites for injection. We recommend the use of a 1- or 3-mL Luer-Lock syringe with a 25-G $\frac{5}{8}$ " needle, or a 100-unit insulin syringe.

This patient is to receive _____ mg (or _____ mL) SC every week.

SUBCUTANEOUS INJECTION SITES



SYRINGES



Please call the Gender Clinic Nurse if you have any questions about the injection technique, or the Gender Clinic physician if you have questions about the dosage or indications for treatment.

*HCP: healthcare professional, may be your family doctor, nurse practitioner or registered nurse