

ENDOCRINOLOGY & DIABETES UNIT

Endocrine Clinic

Phone: 604-875-2117

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<http://endodiab.bcchildrens.ca>



DATE: _____

TEACHING CHECKLIST: CALCIUM AND PHOSPHORUS DISORDERS

Learners (include relationship to patient): _____

Diagnosis: _____

Medication(s): _____ Dose(s): _____

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1. _____ Role of calcium and phosphorus in the body
2. _____ Signs and symptoms of low blood calcium
3. _____ Signs and symptoms of high blood calcium
4. _____ Role of Vitamin D (absorption) and PTH (Ca+Phos from bone to blood)
5. _____ Importance of taking medication regularly
6. _____ Do not replace One Alpha or Rocaltrol with over-the-counter Vitamin D
7. _____ When to call the doctor (vomiting, missed medication, etc.)
8. _____ How to draw up medication with syringe
9. _____ Ensure vigorous mixing of medication for 2-3 minutes each time it is taken
10. _____ Timing of calcium/phosphorus supplement (e.g. QID: AC and HS)
11. _____ Ensure family has standing order for blood tests

Documents and Supplies

1. _____ Disease/disorder-specific modules / handouts
www.bcchildrens.ca/health-info/coping-support/endocrine-conditions
 - a. *Disorders of Calcium and Phosphorus* _____
 - b. *Vitamin D Deficiency and Rickets* _____
 - c. *Hypoparathyroidism and DiGeorge Syndrome* _____
 - d. *Pseudohypoparathyroidism* _____
 - e. *Hypophosphatemic Rickets* _____
2. _____ BCCH Peds Endocrinologist-on-call pager number 604-875-2161
3. _____ Nurse contact number

Date of 1st Follow-up Clinic Visit: _____

Follow-up Plan: _____