

ENDOCRINOLOGY & DIABETES UNIT

Endocrine Clinic

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<http://endodiab.bcchildrens.ca>



DATE: _____

TEACHING CHECKLIST: HYDROCORTISONE REPLACEMENT

Assessment: Include diagnostic information, familiarity with medications and injections, caregivers, participation in high risk activities, and proximity to health care.

Learners (include relationship to patient): _____

1. _____ Understands condition and purpose of hydrocortisone replacement.
2. _____ Knows normal daily dose, schedule, and method of administration.
3. _____ Knows the situations that cause a physical stress to the child.
4. _____ Knows the situations that require an emergency intramuscular dose.
5. _____ Describes a plan for managing an emergency.
6. _____ Demonstrates IM administration.
7. _____ Knows management of sick infant: close observation; check and treat increased temp; observe hydration, and provide fluids (Pedialyte® or formula); call physician appropriately.
8. _____ Knows purpose, inscriptions and source of MedicAlert ID.
9. _____ Nursing Support Services Referral completed.
10. _____ Receives appropriate handouts:
 - a. _____ Condition-specific booklet, web sites, support groups.
 - b. _____ *Management of Hydrocortisone Replacement.*
 - c. _____ Travel Letter.
 - d. _____ *Community Health Services Referral Form for Children who are Cortisol-Deficient*
 - e. _____ MedicAlert application.
 - f. _____ *Influenza Vaccine for Children who are Cortisol-Dependent.*
 - g. _____ *Vaccinations for Children who are Cortisol-Dependent.*
 - h. _____ Emergency kit, needle size _____.

Follow-up Plan: _____

Date: _____

RN Signature: _____