

ENDOCRINOLOGY & DIABETES UNIT

Endocrine Clinic

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<http://endodiab.bcchildrens.ca>



DATE: _____

TEACHING CHECKLIST: HYPOTHYROIDISM

Assessment: Include diagnostic information, familiarity with medications.

Learners (include relationship to patient): _____

Medication: _____ **Dose:** _____

1. _____ Obtain baseline measurements.
2. _____ Obtain parental heights if possible.
3. _____ For infants demonstrate:
 - A. _____ pill cutter
 - B. _____ pill crusher
 - C. _____ oral syringe
4. _____ Discuss how to make up vomited doses or missed doses.
5. _____ Discuss incompatibility of L-thyroxine (Synthroid®, Eltroxin®, Euthyrox®) with soy products and iron.
6. _____ Advise against accepting medication in suspension form.
7. _____ Review *Hypothyroidism* booklet and give copy to family.
8. _____ Ensure first follow-up appointment is arranged.
9. _____ Ensure parents have requisition and knows timing for bloodwork.
10. _____ Ensure patient/parent has medication prescription.

Follow-up Plan: _____

Date: _____

RN Signature: _____