

TESTOSTERONE GEL

Your doctor has prescribed you testosterone gel. This handout will provide you some basic information and key points for application. Please see the medical information insert that comes with the medication for further details.

Brands available in Canada:

AndroGel® 1% pump or packets:

- one 2.5-g packet contains 25 mg of testosterone
- one 5.0-g packet contains 50 mg of testosterone
- one full activation of the pump delivers 1.25 g of gel, containing 12.5 mg of testosterone

Testim® 1% packets:

• one 5.0-g packet contains 50 mg of testosterone

Taro-Testosterone Gel 1% packets

- one 2.5-g packet contains 25 mg of testosterone
- one 5.0-g packet contains 50 mg of testosterone

Important points:

- Don't use around flames.
- Put on after you shower and dry off.
- You must apply the gel yourself, not to be applied by a parent or partner.
- Wash hands immediately after applying the testosterone gel.
- Cover the application site with clothing after the site has dried.
- Testosterone effects will transfer with skin-to-skin contact. Ensure you cover the application site with clothing when sharing a bed or being intimate.
- In the event that the testosterone gel comes into direct contact with the skin of another person, that area should be washed with soap and water as soon as possible.
- Avoid swimming or showering for 5-6 hours after application.
- Store medication at room temperature (15-30°C).
- Your doctor will monitor your therapy with regular blood tests.
- Keep out of reach of children.

