

## ENDOCRINOLOGY & DIABETES UNIT

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## WHICH INSULIN AFFECTS WHICH BLOOD SUGAR?

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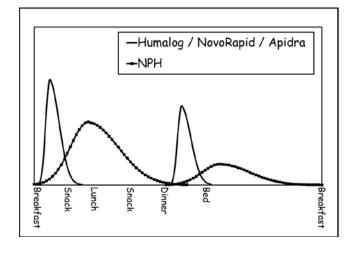
Dinner/Bedtime NPH/Lantus/Basaglar/Levemir → Before Breakfast

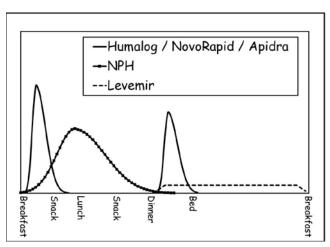
Breakfast Humalog/NovoRapid/Apidra 

Before Lunch

Breakfast NPH/N Before Dinner

Dinner Humalog/NovoRapid/Apidra Before Bed





See also our handout *Insulin Action Times*.