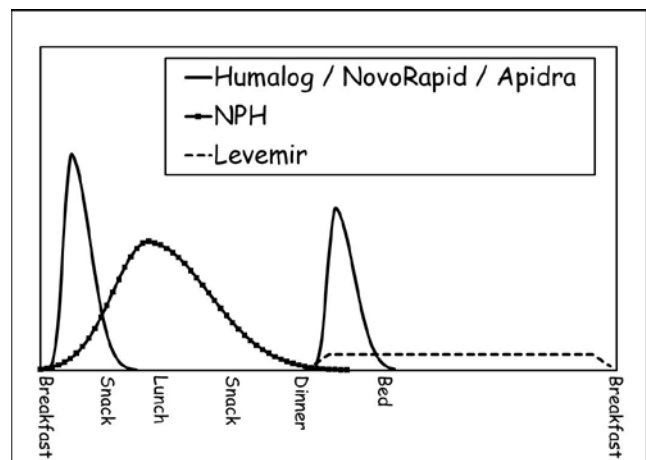
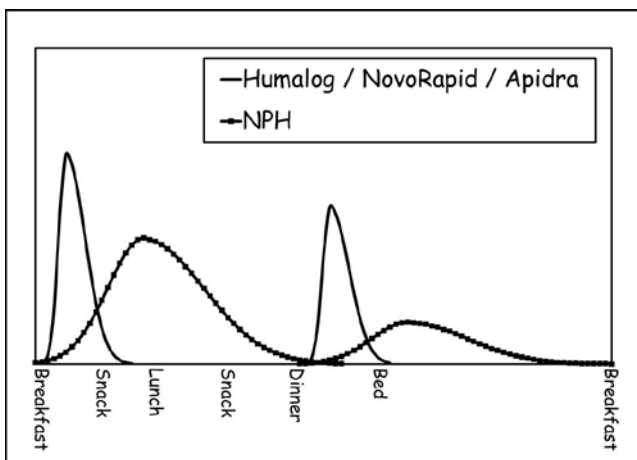


WHICH INSULIN AFFECTS WHICH BLOOD SUGAR?

WHICH INSULIN	AFFECTS	WHICH BLOOD SUGAR
Dinner/Bedtime NPH/Lantus/Basaglar/Levemir	➔	Before Breakfast
Breakfast Humalog/NovoRapid/Apidra	➔	Before Lunch
Breakfast NPH/N	➔	Before Dinner
Dinner Humalog/NovoRapid/Apidra	➔	Before Bed



See also our handout *Insulin Action Times*.