### Bulimia Nervosa In-Patient Care Path

#### Stages

<table>
<thead>
<tr>
<th>Stage</th>
<th>Level 1</th>
<th>Level 2</th>
<th>Level 3</th>
<th>Level 4</th>
<th>Level 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:1 Meal Support for 1st meal or snack</td>
<td>- Patient chooses meals and snacks. - Patient sets up meals and check for completion. - Patient serves own meals and snacks. - Patient may have Mon., Wed., and Fri. lunches on or off the unit in designated areas of the hospital grounds without supervision. - Post meal support provided by staff for dinner and evening snack.</td>
<td>- Patient chooses meals and snacks. - Patient removes lids for meals and snacks, and apply spreads. - Staff set up meals and snacks and check for completion. - Patient may remove meal and snacks as they wish. - Patient may have afternoon snacks on or off the unit in designated areas of the hospital grounds without supervision. - Post meal support provided by staff for dinner and evening snack.</td>
<td>- Patient sets up own snacks. - Staff set up meals and check for completion. - Patient serves own meals and snacks. - Patient may have afternoon snacks on or off the unit in designated areas of the hospital grounds without supervision. - Post meal support provided by staff for dinner and evening snack.</td>
<td>- Patient may have cafeteria vouchers at lunch. - Patient may have all lunches on or off the unit in designated areas of the hospital grounds without supervision. - No post meal required. - Patients have morning and evening snack, and dinner on the unit.</td>
<td></td>
</tr>
</tbody>
</table>

#### Nutritional Criteria

- **Stage A:** 100% completion of meals and snacks
- **Stage B:** Weight > 85% ideal body weight
- **Stage C:** Weight > 80% ideal body weight
- **Stage D:** Weight > 70% suggested body weight
- **Stage E:** Weight > 50% suggested body weight

#### Medical/Tests

- **Stage A:** Lab tests as per individual doctor’s orders
- **Stage B:** Blood Work as per individual doctor’s orders
- **Stage C:** Additional medical monitoring as per individual doctor’s orders
- **Stage D:** Blood Work as per individual doctor’s orders
- **Stage E:** Blood Work as per individual doctor’s orders

#### Activity

- **Stage A:** HR > 50 Weight > 50% suggested body weight
- **Stage B:** HR > 50 Weight > 80% ideal body weight
- **Stage C:** HR > 50 Weight > 85% ideal body weight
- **Stage D:** HR > 50 Weight > 90% ideal body weight
- **Stage E:** HR > 50 Weight > 95% ideal body weight

#### Passes

- **Stage A:** No passes
- **Stage B:** No passes
- **Stage C:** Complete minimum of one supported meal and one supported snack with staff support to snack and meal passes offered.
- **Stage D:** Patients assessed for readiness for 24-48 hour passes with family on weekends.
- **Stage E:** Patients assessed for readiness for up to 96 hour passes with family.

#### Parent Responsibility

- **Stage A:** Parents required to bring one prepared meal for themselves and their child, to be eaten with staff on the unit.
- **Stage B:** Parents serve own meals and snacks, and staff set up meals and snacks.
- **Stage C:** Parents serve own meals and snacks, and staff set up meals and snacks.
- **Stage D:** Parents serve own meals and snacks, and staff set up meals and snacks.
- **Stage E:** Parents serve own meals and snacks, and staff set up meals and snacks.

#### Summary

- **Stage A:** No passes.
- **Stage B:** No passes.
- **Stage C:** Complete minimum of one supported meal and one supported snack with staff support to snack and meal passes offered.
- **Stage D:** Patients assessed for readiness for 24-48 hour passes with family on weekends.
- **Stage E:** Patients assessed for readiness for up to 96 hour passes with family.

---