

Admission to Looking Glass Residence

Looking Glass Residence may be appropriate for individuals ages 16 to 24 who have a diagnosed eating disorder and who meet admission inclusion as outlined below

Admission Inclusion Criteria	Exclusion Criteria
<ul style="list-style-type: none"> • Primary diagnosis of AN or BN or OSFED as per DSM V Please see Kelty Mental Health website for further explanation of the DSM criteria https://keltyeatingdisorders.ca/ • Is followed by a primary care provider • The individual is required to be connected to their local specialised community eating disorder program and/or mental health team (if such services exist). Please see Kelty Mental Health website for a listing of resources in BC https://keltyeatingdisorders.ca/finding-help/introduction/ • In the event that the individual does not have access to these services locally then we accept referrals from the individual's primary care provider • The individual feels, in conjunction with his/her treatment team, that the eating disorder is impacting on his/her life in a such a way that he/she requires more intensive recovery-focused residential treatment • The individual voluntarily wishes to seek treatment. Looking Glass Residence is a voluntary program • Willingness to orally consume meal plan as guided by Looking Glass dietitian • The Looking Glass Residence services residents of BC. If the individual is from out-of-province please contact the program for further information. • Please review the specified exclusionary criteria to ensure the individual meets referral requirements 	<ul style="list-style-type: none"> • Any urgent or emergent medical condition requiring an acute medical evaluation within 2 weeks prior to admission • Acute risks of suicide or self-injurious behaviour. The applicant is required to demonstrate 6 weeks free from self-injurious behaviour prior to admission • BMI less than 15. Applicants can enter the Looking Glass Pre-Care Program with a BMI of 15. They must reach a BMI of 16 for entry into the residential program. • Blood pressure lower than 80/50 or a postural decrease in blood pressure of >20 mmHg • Heart rate <50 (for ages 16-17) • For adults greater than 18 years of age postural increase in heart rate of greater than 30 beats per minute with associated symptoms • Serious ECG abnormalities, such as a QTc interval of >450 ms • Serum Phosphate, Serum Potassium, Serum Magnesium, Serum Creatinine not within normal range or that hasn't been corrected within 4 weeks prior to admission • If individual has loss of consciousness or suffered a seizure within the last 6 months they are required to be evaluated by a neurologist • Concurrent substance use that may predispose the person to risk of withdrawal. Individuals with a history of Substance Use Disorder are required to demonstrate 6 weeks free from substance use prior to admission • Please note that recreational use of drugs and alcohol is not permitted as part of treatment at Looking Glass Residence. • Low frequency users of marijuana are expected to reduce their marijuana use to a maximum of 3 times per week prior to admission