

## Referral Criteria for: Provincial Mental Health Metabolic Program

<b>Referral Criteria</b>	
What are the age criteria?	Up to 18 years or graduated high school
What are the gender criteria?	n/a
Who can refer?	A General Practitioner, Nurse Practitioner, Psychiatrist, Pediatrician and any other physician can make a referral
Is there a form that needs to be filled out?	The Child & Adolescent Mental Health Outpatient Programs Referral Form needs to be filled out  <a href="http://keltymentalhealth.ca/finding-help/provincial-mental-health-metabolic-program/physician-referral-process">http://keltymentalhealth.ca/finding-help/provincial-mental-health-metabolic-program/physician-referral-process</a>
How do you submit this form?	The Child & Adolescent Mental Health Outpatient Programs Referral form, blood work, recent psychiatry notes and names of physicians currently involved in child's care should be faxed to 604-875-2099
If there is no form that needs to be filled out, then who does the referrer need to contact?	n/a
The full address of where service is offered.	BC Children's Hospital Mental Health Building P3- 206 4500 Oak Street Vancouver, BC V6H 3N1
Description of target audience.	The Provincial Mental Health Metabolic program provides management and care to children and youth who have both mental health and

	endocrinology concerns. Endocrinology concerns include significant weight gain, high blood pressure, high cholesterol, high insulin, high blood sugar, increased prolactin levels or abnormal thyroid function.
Who is the service <b>not</b> appropriate for?	The service is not appropriate for individuals with Type 1 Diabetes, acute/unstable mental illness or without formal mental health diagnosis
Before or after care restrictions or considerations.	<u>Before care restrictions:</u> <ul style="list-style-type: none"> <li>• Recent physical exam including height, weight and blood pressure</li> <li>• Completion of the metabolic assessment, screening and monitoring tool</li> <li>• Metabolic blood work including: fasting blood sugar, fasting insulin, lipid panel, TSH and Prolactin</li> </ul>
Is there anything else you need to know about the referral process?	No