

## Referral Criteria for: Provincial Mental Health Metabolic Program

<b>Referral Criteria</b>	
What are the age criteria?	Up to 18 years
Who can refer?	A General Practitioner, Nurse Practitioner, Psychiatrist, Pediatrician and any other physician can make a referral
Is there a form that needs to be filled out?	The referral form can be found on the BC Children's Hospital website: <a href="http://www.bcchildrens.ca/health-professionals/refer-a-patient/metabolic-program-referral">http://www.bcchildrens.ca/health-professionals/refer-a-patient/metabolic-program-referral</a>
The full address of where service is offered.	BC Children's Hospital Healthy Minds Building – P3-206 4555 Heather Street Vancouver, BC V5Z 0A7
Description of target audience.	The Provincial Mental Health Metabolic Program provides management and care to children and youth who have both mental health and endocrinology concerns. Endocrinology concerns include significant weight gain, high blood pressure, high cholesterol, high insulin, high blood sugar, increased prolactin levels or abnormal thyroid function.
Who is the service NOT appropriate for?	The service is not appropriate for individuals with Type 1 diabetes or individuals without a mental health diagnosis
Who should I refer?	<ul style="list-style-type: none"> <li>• Children less than age 8 who are being considered for or being treated with an SGA</li> <li>• Youth aged 9-18 who are being considered for SGAs and have risk factors for metabolic complications (ethnicity, family history, exposure to diabetes in the uterus)</li> <li>• Youth aged 9-18 who are being treated with SGAs who develop</li> </ul>

	<p>metabolic complications</p> <ul style="list-style-type: none"><li>• Youth up to age 18 with metabolic problems who develop mental health concerns</li></ul>
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