

## Being A Volunteer

Volunteer for the experience!  
Volunteer for the fun of it!  
Volunteer to make a difference!

### Why Volunteer?

- To support worthwhile causes
- To share your energy and talents
- To become more employable
- To gain work experience
- To learn new skills
- To explore career choices
- To help yourself make new friends
- To fight boredom
- To build self-confidence
- And to have FUN!

### What is a Volunteer?

Volunteers are people like you who want to make a difference in their community and their own lives.

### Where can I Volunteer?

- Offices
- Child care
- Arts and cultural centres
- Animal care
- Health facilities
- Recreation centres
- Services to the seniors
- ..... and much more



**VOLUNTEERS  
NEEDED**

Find out from the Volunteer Agency in your community. Look under "Volunteer" in the phone book.

