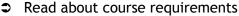
Career Planning Suggestions





- See a career counsellor
- Go to the library read about careers Look at job ads in the newspapers
- Talk to friends and relatives about their jobs
- Interview someone about their job
- Job shadow someone
- Volunteer in an area of interest
- Read a college or university calendar of courses





- Visit a campus to check out accessibility
- Apply for student loans and scholarships
- Apply for a social insurance card
- Meet with a special needs counsellor
- Inquire about on-campus health care
- Apply for disability assistance (many programs have special assistance for all chronic health conditions)









- Gather letters of support and recommendations
- Visit an employment centre
- Read job ads
- Identify potential employ-
- Register with a job placement service



More great ideas from: Adolescent Employment Readiness Center Washington, D.C.



