

## Driving Yet?



Are you driving or thinking about starting soon?

If you have a chronic health condition or you are on medications ask your family doctor whether there are restrictions on driving a car. If they are unsure, contact your local Motor Vehicle Branch.

**EXERCISE:** *Things to do before you think about getting a driver's license.*



(✓)

- Talk to your parents about their wishes and concerns.
- Visit the school counselor to find out about driving courses in your area.
- Visit the Motor Vehicle Branch in your area to find out what is needed for a license.
- Talk to your family doctor and to your specialist about driving. There may be reasons not to drive.
- Complete a Driver's Medical Examination as required.
- Have your vision tested by the school nurse or physician.
- Talk to people who drive - learn how to be safe and drive defensively.

