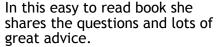
## Easy For You To Say



Being a teenager can be fun; it can also be difficult. You deal with lots of changes, the expectations of others, and you have lots of questions.

Dr. Miriam Kaufman is a medical specialist who cares for teens. She has heard many excellent questions from the youth she sees.



Get your parents to read it too!





Look in your local library or checkout the Bookstore.
They will be happy to order it for you.

Also available through: www.indigo.ca www.chaptersglobe.com www.amazon.com

ISBN1550136194

Also may be available in the Family Resource Library at the hospital



