

Future Plans For Living

It is never too early to begin thinking about where and how you are going to live once you finish school and enter the adult world. If you have a chronic health condition, you may have more things to think about than some of your friends.



Exercise: Circle the answer that best suits your goals, wishes and abilities. There is NO right or wrong answer - this is your vision.

I plan to live	☞	alone	with friends	with my parents
I plan to go to school	☞	not at all	part-time	full time
I plan to attend school at	☞	community college	university	trade school
I plan to work	☞	not at all	part-time	full time
My daily health care needs will be met by	☞	help from my friends/ family	help from an attendant	just me
I will get money by	☞	working	family	government grants / programs

Who is helping you towards these goals? (parents, social worker, friends)

For which goals do you need more information? _____

